

THE SOBER TIMES NEWSLETTER

Intergroup Office hours are Tuesday 10-4, Wednesday 10-4, Thursday 10-4 and Friday 10-3:30

Notes From The Editor

Hello all,

I hope you all had a fantastic Thanksgiving and enjoyed everything our first major holiday of the season had to offer. Hard to believe that Christmas is right around the corner. As we all get ready for Christmas and New Years make sure to check on all your friends, especially the ones in the program. The holidays can be difficult for some and a little extra support and generosity can go along way this time of year. We here at Intergroup want to sincerely thank you for the unbelievable support we received from all of you in our community. Intergroup had a few dark weeks and if it wasn't for the amazing support from our groups and individuals we might have had to make some difficult decisions. Thankfully we are still here to serve you and the A.A. community. As we look back it was a year of both ups and downs, but we persevered thanks to you. We would like to wish you all a very Merry Christmas and a Happy New Year!!!!!! See you next year !!!

Chuck T.

CAPE COD INTERGROUP

508-775-7060 · www.capecodaa.net

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting.

**Contact us today.
508-775-7060**

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.

Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."



Service Committee Meetings

Intergroup Reps Meeting

Every 1st Tuesday at 7:30 on the Zoom platform. Meeting ID: 833 6954 2618

General Service Districts 1&2

Every 2nd Tuesday at 7:00 pm at the Cape Cod Covenant Church, Setucket Rd. In Brewster. District Zoom ID is 508 487 9451

It is suggested the 12th Tradition be read at each meeting in December:

"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities"

Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work? for your group?

Newly elected GSR's are requested to meet at Cape Cod Covenant Church every 2nd Tuesday At 6:30 pm for a welcoming orientation.

Barbara F. is contact for District 1 & 2 774-836-8830 www.capecodaa.org

The Intergroup Steering Committee meets the last Monday of the month at 7:30 P.M. On Zoom. Meeting ID 872 2028 8723 Text Constance S. 508-274 7797 for password

MEETING UPDATES

Meeting Changes

District Zoom has been updated. 508 487 9451 no password is needed.

East Dennis

The Grace Chapel.16
Center Street. 9:00am –
10:am. BB Discussion.



Would you like to serve your group?

AA gives us many ways to be of service to our fellowship. One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR) The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during, illness, etc. Please contact the office if interested.

Tradition Twelve: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare?
2. What would happen to me if AA as a whole disappeared?
3. When I do not trust AA's current servants, who do I wish had the authority to straighten them out? In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
4. Do I ever try to get a certain AA group to conform to my standards, not its own?
5. Have I a personal responsibility in helping an AA group fulfill its primary purpose?
6. What is my part? Does my personal behavior reflect the Sixth Tradition—or belie it?
7. Do I do all I can do to support AA financially?
8. When is the last time I anonymously gave away a Grapevine subscription?
9. Do I complain about certain AAs' behavior—especially if they are paid to work for AA? Who made me so smart?
10. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
11. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition? Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
12. What is the real importance of me among more than a million AAs?

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

We Have Increased our Inventory of Books And Supplies to Serve You Better

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions and 24-hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items, we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information.

AS OF JUNE 4TH INTERGROUP WILL NOW BE CHARGING FOR SHIPPING COSTS.

We only will charge the actual shipping rate and we will endeavor to utilize the cheapest shipping rate available. It is unfortunate that we have to do this but rising operating costs are forcing our hand. We appreciate your support.

Changing Times

I think it is important for people to understand what Intergroup does for the local A.A. community. Our main purpose is to help the still sick and suffering alcoholic. At Intergroup we do that in a multitude of ways. We create and publish, both in print and online a comprehensive local meeting list. We provide a 24hr a day seven days a week dedicated hotline for those in need to reach out. We operate a local bookstore that sells all conference approved literature as well as medallions and other special store items. All of these services are available right here on Cape Cod. We know a lot of groups buy their products online. We try and be competitive with those markets but it's difficult. We would appreciate it if you purchased locally and supported your Intergroup. We are approaching a crossroad. It's going to come down to what A.A. on Cape Cod wants to have for local services and if they can and will fund it. Our only revenue source is you. If you can possibly help just a little more we would be greatly indebted to you. This is **YOUR** Intergroup.

