

March 2025

THE SOBER TIMES NEWSLETTER

Intergroup Office hours are Tuesday 10-4, Wednesday 10-4,
Thursday 10-4 and Friday 10-3:30

Notes From The Editor

Hello all,

we set the clocks ahead this month and hopefully Spring is right around the corner with warmer days and more sunshine. Intergroup is stocked and ready to provide you with the items needed to help your meeting run more smoothly. Make sure to check out the online store. Orders placed after hours are generally filled the next day and we do not charge for shipping!!!! We are always looking for new Intergroup Reps as well as volunteers for the Steering Committee. Elections are held in June so it's never too early to start thinking about some service work. If you have any ideas for articles or topics for the newsletter please let the office know. we are happy to accomodate guest writers etc. We have plenty of meeting booklets and "meeting in a pockets" available at the office. Intergroup once again wants to thank all of you for your support. We definitely couldn't provide the services that we do without you so thank you again. This is your Intergroup.

Chuck T.

CAPE COD INTERGROUP

508-775-7060 · www.capecodaa.net

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting.

**Contact us today.
508-775-7060**

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.

Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."



Service Committee Meetings

Intergroup Reps Meeting

Every 1st Tuesday at 7:30 on the Zoom platform. Meeting ID: 833 6954 2618. Text Constance S. 508-274-7797 for password

General Service Districts 1&2

Every 2nd Tuesday at 7:00 pm at the Cape Cod Covenant Church, Setucket Rd. In Brewster. District Zoom ID is 508 487 9451

It is suggested the 3rd Tradition be read at each meeting in March:

"The only requirement for A.A. membership is a desire to stop drinking"

Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work? for your group?

Newly elected GSR's are requested to meet at Cape Cod Covenant Church every 2nd Tuesday At 6:30 pm for a welcoming orientation.

Barbara F. is contact for District 1 & 2
774-836-8830
www.capecodaa.org

The Intergroup Steering Committee meets the last Monday of the month at 7:30 P.M. On Zoom. Meeting ID 872 2028 8723 Text Constance S. 508-274 7797 for password

MEETING UPDATES

Meeting Changes

District Zoom has been updated. 508 487 9451 no password is needed.

East Dennis

The Grace Chapel.16
Center Street. 9:00am –
10:am. BB Discussion.

Harwich

Club Drydock has
meeting space and
various times available.
If interested, please
contact Dave P. for more
info @ 508-454-6271



Would you like to serve your group?

AA gives us many ways to be of service to our fellowship. One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR) The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during, illness, etc. Please contact the office if interested.

Tradition Three: The only requirement for AA membership is a desire to stop drinking.

- 1. In my mind, do I prejudge some new AA members as losers?**
- 2. Is there some kind of alcoholic whom I privately do not want in my AA group?**
- 3. Do I set myself up as a judge of whether a newcomer is sincere or phony?**
- 4. Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?**
- 5. Am I overimpressed by a celebrity? By a doctor, a clergyman, an ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?**
- 6. When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic arrangements are? Whether he had been to AA before? What his other problems are?**

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

We Have Increased our Inventory of Books And Supplies to Serve You Better

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24-hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items, we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information.

**DON'T FORGET WE OFFER FREE
SHIPPING!!!!!!**

What purpose does the right of appeal serve?

There came to this country some hundred years ago a French Baron whose family and himself had been wracked by the French revolution, De Toqueville, and he was a worshipful admirer of democracy. And in those days democracy seemed to be mostly expressed in people's minds by votes of simple majorities. And he was a worshipful admirer of the spirit of democracy as expressed by the power of a majority to govern. But, said de Toqueville, a majority can be ignorant, it can be brutal, it can be tyrannous - and we have seen it. Therefore, unless you most carefully protect a minority, large or small, make sure that minority opinions are voiced, make sure that minorities have unusual rights, your democracy is never going to work and its spirit will die. This was de Toqueville's prediction and, considering today's times, is it strange that he is not widely read now?

So that is why in this Conference we try to get a unanimous consent while we can; this is why we say the Conference can mandate the Board of Trustees on a two - thirds vote. But we have said more here. We have said that any Delegate, any Trustee, any staff member, any service director - any board, committee or whatever - that wherever there is a minority, it shall always be the right of this minority to file a minority report so that their views are held up clearly. And if in the opinion of any such minority, even a minority of one, if the majority is about to hastily or angrily do something which could be to the detriment of Alcoholics Anonymous, the serious detriment, it is not only their right to file a minority appeal, it is their duty.

So, like de Toqueville, neither you nor I want either the tyranny or the majority, nor the tyranny of the small minority. And steps have been taken here to balance up these relations. **(GSC, 1960)**



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CAPE COD INTERGROUP

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