

# THE SOBER TIMES NEWSLETTER

Intergroup Office hours are Tuesday 10-4, Wednesday 10-4, Thursday 10-4 and Friday 10-3:30

## Notes From The Editor

Hello all,

. I hope you all had a wonderful Thanksgiving as we move headlong into Christmas. Some people in our program call this the trifecta of holidays, destined to trip us up if we're not careful. The holidays can be difficult for some folks and we should make it a priority to check in on all of our friends and make sure they are ok. There are alkathons and meetings to help us get through these difficult times if we're struggling so it is important to utilize our resources.

The new meeting lists will be available the first week of this month and we have plenty of literature and other related material for you and your groups. If you have any info regarding New Years alcathons, if you would forward that to the office so that I can get them listed on our website. The Steering Committee and the Intergroup reps want to wish you and yours A Merry Christmas and a Happy New Year. We really appreciate the support. Without you there isn't an Intergroup So thank you from us all.

Chuck T.

## Service Committee Meetings

### Intergroup Reps Meeting

Every 1<sup>st</sup> Tuesday at 7:30 on the Zoom platform. Meeting ID: 833 6954 2618. Text Constance S. 508-274-7797 for password

### General Service Districts 1&2

Every 2<sup>nd</sup> Tuesday at 7:00 pm at the Cape Cod Covenant Church, Setucket Rd. In Brewster. District Zoom ID is 508 487 9451

Newly elected GSR's are requested to meet at Cape Cod Covenant Church every 2<sup>nd</sup> Tuesday At 6:30 pm for a welcoming orientation.

Barbara F. is contact for District 1 & 2 774-836-8830 www.capecodaa.org

## CAPE COD INTERGROUP

508-775-7060 · www.capecodaa.net

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting.

**Contact us today. 508-775-7060**

**Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.**

**Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."**



It is suggested the 12th Tradition be read at each meeting in December:

***"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities"***

### Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work? for your group?

**The Intergroup Steering Committee meets the last Monday of the month at 7:30 P.M. On Zoom. Meeting ID 872 2028 8723 Text Constance S. 508-274 7797 for password**

# MEETING UPDATES

## Meeting Changes

District Zoom has been updated. 508 487 9451 no password is needed.

### East Dennis

The Grace Chapel.16 Center Street. 9:00am – 10:am. BB Discussion.

### Harwich

Club Drydock has meeting space and various times available. If interested, please contact Dave P. for more info @ 508-454-6271



## Would you like to serve your group?

AA gives us many ways to be of service to our fellowship. One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR) The GSR is the link between your group and AA as a whole.

**Your Intergroup Office is always looking for volunteers to staff the office during, illness, etc. Please contact the office if interested.**

Tradition Twelve: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to me if AA as a whole disappeared?
2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
4. Do I ever try to get a certain AA group to conform to my standards, not its own?
5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is my part?
6. Does my personal behavior reflect the Sixth Tradition—or belie it?
7. Do I do all I can do to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
8. Do I complain about certain AAs' behavior—especially if they are paid to work for AA?  
Who made me so smart?
9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
11. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
12. What is the real importance of me among more than a million AAs?

## Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

## ***We Have Increased our Inventory of Books And Supplies to Serve You Better***

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24-hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items, we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information.

**DON'T FORGET WE OFFER FREE  
SHIPPING!!!!!!**



June 1944

EDITORIAL

The Shape of Things to Come

In the book Alcoholics Anonymous there is a chapter called "A

Vision for You." Wandering through it recently, my eye was

caught by this startling paragraph written a short five years

ago. "Someday we hope that every alcoholic who journeys will

find a Fellowship of Alcoholics Anonymous at his destination.

To some extent this is already true. Some of us are salesmen

and go about. Little clusters of twos and threes and fives of

us have sprung up in other communities through contact with

our two large centers "Rubbing my eyes I looked again.

A lump came into my throat. "Only five years," I thought.

"Then but two large centers - little clusters of twos and threes

- travelers who hoped one day to find us at every destination."

Could it be that only yesterday this was just a hope - those

little clusters of twos and threes, those little beacons so anxiously watched as they flickered, but never went out.

And today - hundreds of centers shedding their warm illumination upon the lives of thousands, lighting the dark

shoals where the stranded and hopeless lie breaking up - those fingers of light already stretching to our beach

heads in other lands.

Now comes another lighted lamp - this little newspaper called

"The Grapevine." May its rays of hope and experience ever

fall upon the current of our A.A. life and one day illumine every dark corner of this alcoholic world.

The aspirations of its editors and readers could well be voiced

in the last words of "A Vision for You." "Abandon yourself to

God as you understand God. Admit your faults to Him and

your fellows. Clear away the wreckage of your past. Give freely of what you find, and join us. We shall be with you, in

the Fellowship of The Spirit, and you will surely meet some of

us as you trudge the Road of Happy Destiny. May God bless

you and keep you - until then."

Bill

Bill

# RECEIVE THIS NEWSLETTER AT HOME!

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