

The Sober Times Newsletter July 2024

Intergroup Office hours are Tuesday 10-4, Wednesday 10-4, Thursday 10-4 and Friday 10-3:30



Phone- 508-775-7060
www.capecodaa.net

Notes from the editor

Hello all,

And just like that Summer is here and the 4th of July as well. I can't believe how fast it seems that Summer got here. The open house was a success. It was nice to put some faces to names of people I speak to on the phone all the time. The new Steering Committee has been voted in and begin their terms at the end of this month. I want to thank all who have served on our various boards for their service. We have all of your literary needs in stock, and we still offer **FREE SHIPPING**. Traffic has improved so please feel free to stop in and say hi to Linus and Watson, they'd love to see you. Intergroup would like to thank all of you for your continued support. Without all of you we wouldn't have this valuable resource available to us here on the Cape. So thank you for that support.

Chuck T.

Service Committee Meetings

Intergroup Reps Meeting Every 1st Tuesday at 7:30 on the Zoom platform.
[Meeting ID: 833 6954 2618](#). Text Constance S. 508-274-7797 for password

General Service Districts 1&2 Every 2nd Tuesday at 7:00 pm at the Cape Cod Covenant Church, Setucket Rd. In Brewster.
District Zoom ID is **508 487 9451**

Newly elected GSR's are requested to meet at Cape Cod Covenant Church every 2nd Tuesday At 6:30 pm for a welcoming orientation.

Barbara F. is contact for District 1 & 2
774-836-8830
www.capecodaa.org

Just what is Intergroup doing for your group?
How does your group benefit from Intergroup?
How can your group have a voice in what Intergroup does?
Why not invite us to share with your group at your next business meeting and answer these questions?
A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. **508-775-7060**

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.
Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."

It is suggested the 7th Tradition be read at each meeting in July:

"Every A.A. group ought to be fully self-supporting, declining outside contributions."

Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service

The Intergroup Steering Committee meets the last Monday of the month at 7:30 P.M. On Zoom. Meeting ID 872 2028 8723 Text Constance S. 508-274 7797 for password

Meeting Updates

Meeting Changes

District Zoom has been updated. 508 487 9451 no password is needed.

Hyannis

The Sunshine Group will be celebrating 57 years on July 14th more details to come.

Dennis

The Dennis "Pass it On" Group is celebrating their 40th anniversary on Aug. 1st at 7:30 P.M.

Yarmouth

Action Group is celebrating 60 yrs. on July 10th from 6:30-8:30
Info on website

Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during, illness, etc. Please contact the office if interested.

Tradition Seven: Every AA group ought to be fully self-supporting, declining outside contributions.

1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting?
2. Could I put a little more into the basket on behalf of the new guy who can't afford it yet?
3. How generous was I when tanked in a barroom?
4. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
5. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
6. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
7. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it? How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

We Have Increased Our Inventory Of Books And Supplies To Serve You Better

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24-hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items, we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!**

Was the writing of the Big Book a difficult job?

As the chapters were done, we went to A.A. meetings in New York with the chapters in the rough. It wasn't like chicken-in-the-rough, the boys didn't eat those chapters up at all. I suddenly discovered that I was in a terrific whirlpool of arguments. I was just the umpire. I finally had to stipulate, "Well boys, over here we have the holy rollers who say we need all the good old-fashioned stuff in the book, and over here you tell me we've got to have a psychological book, and that never cure anybody, and they didn't do very much with us in the missions, so I guess you will have to leave me just to be the umpire. I'll scribble out some roughs here and show them to you and let's get the comments in." So we fought, bled and died our way through one chapter after another. We sent copies out to Akron and they were peddled around and there were terrific hassles about what should go in this book and what should not.

Meanwhile, we set drunks up to write their stories or we had newspaper people to write the stories for them to go in the back of the book. We had an idea that we'd have a text and then we'd have stories all about the drunks who were staying sober.
(Transcribed from tape, Fort Worth, Tx., 1954)

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