

The Sober Times Newsletter September 2023

Intergroup Office hours are Tuesday 10-4, Wednesday 10-4, Thursday 10-4 and Friday 10-3:30



Phone- 508-775-7060
www.capecodaa.net

Notes from the editor

Hello all,

And like that Summer is nearly over. Labor Day approaches and kids head off back to school. We get to take a collective breath and enjoy, what in my opinion is the best time on the Cape. I hope you all have had an excellent Summer and are looking forward to an even better Autumn. Busy, busy, busy here at Intergroup. We changed banks, going from a large off-Cape bank to a local one. The online store is up and running and we have made some very positive upgrades to the website as well as the office. All of this would be impossible without the support of our A.A. community. I am currently working on an upgrade to the current meeting list to make it more functional and easier to read. If you have any corrections for your meeting info please get that information in to the office so that I can get that updated. If your group doesn't have an Intergroup Rep. Consider electing one. We serve the groups, and your groups decide the direction of Intergroup. We would love to have you. Until next month.

Chuck T.

Service Committee Meetings

Intergroup Reps Meeting Every 1st Tuesday at 7:30 on the Zoom platform.
[Meeting ID: 833 6954 2618.](#) Text Constance S. 508-274-7797 for password

General Service Districts 1&2 Every 2nd Tuesday at 7:00 pm at the Cape Cod Covenant Church, Setucket Rd. In Brewster.
District Zoom ID is **508 487 9451**

Newly elected GSR's are requested to meet at Cape Cod Covenant Church every 2nd Tuesday At 6:30 pm for a welcoming orientation.

Barbara F. is contact for District 1 & 2
774-836-8830
www.capecodaa.org

Just what is Intergroup doing for your group?
How does your group benefit from Intergroup?
How can your group have a voice in what Intergroup does?
Why not invite us to share with your group at your next business meeting and answer these questions?
A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today.508-775-7060

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.
Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."

It is suggested the 9th Tradition be read at each meeting in September:

"A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

The Intergroup Steering Committee meets the last Monday of the month at 7:30 P.M. On Zoom. Meeting ID 872 2028 8723 Text Constance S. 508-274 7797 for password

Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service

Meeting Updates

Meeting Changes

District Zoom has been updated. 508 487 9451 no password is needed

Sandwich

Sandwich Sober Sisters is meeting in person at Spaulding Rehab, 311 Service Road East Sandwich and on Zoom. Go to our website for details.

Bourne

Head of the bay group is celebrating 36 years on Tuesday July 18th at 7:30. There will be food, guest speakers raffles and fellowship

Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during, illness, etc. Please contact the office if interested.

Tradition Nine: AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

1. Do I still try to boss things in AA?
2. Do I resist formal aspects of AA because I fear them as authoritative?
3. Am I mature enough to understand and use all elements of the AA program—even if no one makes me do so—with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully—and profit thereby—when the time comes?
8. What has rotation to do with anonymity? With humility?

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.



Outgoing shipments from the office will be made once a week (Friday) instead of daily until further notice. The office is only open 22 hrs. a week. Tues, Wed, Thurs, and Fri. Non emergent calls will be handled during business hours only. Messages can be left with the answering service and business will be handled on next business day.

What purpose does the right of appeal serve?

There came to this country some hundred years ago a French Baron whose family and himself had been wracked by the French revolution, De Toqueville, and he was a worshipful admirer of democracy. And in those days' democracy seemed to be mostly expressed in people's minds by votes of simple majorities. And he was a worshipful admirer of the spirit of democracy as expressed by the power of a majority to govern. But, said de Toqueville, a majority can be ignorant, it can be brutal, it can be tyrannous – and we have seen it. Therefore, unless you most carefully protect a minority, large or small, make sure that minority opinions are voiced, make sure that minorities have unusual rights, your democracy is never going to work, and its spirit will die. This was de Toqueville's prediction and, considering today's times, is it strange that he is not widely read now?

So that is why in this Conference we try to get a unanimous consent while we can; this is why we say the Conference can mandate the Board of Trustees on a two – thirds vote. But we have said more here. We have said that any Delegate, any Trustee, any staff member, any service director – any board, committee or whatever – that wherever there is a minority, it shall always be the right of this minority to file a minority report so that their views are held up clearly. And if in the opinion of any such minority, even a minority of one, if the majority is about to hastily or angrily do something which could be to the detriment of Alcoholics Anonymous, the serious detriment, it is not only their right to file a minority appeal, it is their duty.

So, like de Toqueville, neither you nor I want either the tyranny or the majority, nor the tyranny of the small minority. And steps have been taken here to balance up these relations. (**Bill Wilson GSC, 1960**)

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