

The Sober Times Newsletter July 2023

Intergroup Office hours are Tuesday 10-4, Wednesday 10-4, Thursday 10-4 and Friday 9-3:30

Cape Cod Intergroup

Phone- 508-775-7060

www.capecodaa.net

Notes from the editor

Hello all,

And the 4th of July is upon us!!!! It seems like these holidays just keep flying by. Lots of activity at you Intergroup. A new Steering Committee has been elected with 3 new members joining the board. We should all be thankful that there are members of our program willing to do the much-needed service work. These individuals, along with our Intergroup reps will shape the course and future of your Intergroup. The new online store should be up and functional by the time you get this newsletter. Hopefully this will help facilitate easier acquisition of materials for people that aren't close to the office. If you have any questions, please don't hesitate to call me in the office. The new website has been up and running for a couple of months. I hope you are all enjoying the new look and enhanced features. Please let me know if you find any issues with the site going forward. The fish are thriving and enjoying their many visitors. Swing in and say hi.

Chuck T.

Service Committee Meetings

Intergroup Reps

Meeting Every 1st

Tuesday at 7:30 on the Zoom platform.

Meeting ID: 833 6954 2618. Text Constance

S. 508-274-7797 for password

General Service Districts

1&2 Every 2nd Tuesday at

7:00 pm at the Cape Cod Covenant Church,

Setucket Rd. In Brewster.

District Zoom ID is **508**

487 9451

Newly elected GSR's are requested to meet at Cape Cod Covenant Church every 2nd Tuesday At 6:30 pm for a welcoming orientation.

Barbara F. is contact for District 1 & 2
774-836-8830
www.capecodaa.org

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. **508-775-7060**

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.

Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."

It is suggested the 7th Tradition be read at each meeting in July:

"Every A.A. ought to be self-supporting, declining outside contributions"

Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service

The Intergroup Steering Committee meets the last Monday of the month at 7:30 P.M. On Zoom. Meeting ID 872 2028 8723 Text Constance S. 508-274 7797 for password

Meeting Updates

Meeting Changes

District Zoom has been updated. 508 487 9451 no password is needed

Orleans

Sunday Night 11th Step Serenity AA Meeting has moved to 250 Underpass Road in Brewster, next to the Brewster Post Office

Bourne

Head of the bay group is celebrating 36 years on Tuesday July 18th at 7:30. There will be food, guest speakers raffles and fellowship

Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during, illness, etc. Please contact the office if interested.

Tradition Seven: Every AA group ought to be fully self-supporting, declining outside contributions.

- 1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?**
- 2. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?**
- 3. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?**
- 4. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?**
- 5. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?**
- 6. How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?**

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.



Outgoing shipments from the office will be made once a week (Friday) instead of daily until further notice. The office is only open 22 hrs. a week. Tues, Wed, Thurs, and Fri. Non emergent calls will be handled during business hours only. Messages can be left with the answering service and business will be handled on next business day.

Have the Traditions been widely accepted?

When they were first written in early 1946 as tentative guides to help us hang together and function, nobody paid any attention except a few "againers" who wrote me and asked what the hell they were about.

Nobody paid the slightest attention but little by little as these Traditions got around we had our clubhouse squabbles, our little rifts, this difficulty and that and it was found that the Traditions indeed did reflect experience and were guiding principles. So they took hold a little more and a little more so that today the average A.A. coming in the door learns at once what they're about, about what kind of an outfit he has really landed in and by what principles his group and A.A. as a whole are governed. (Bill Wilson, Transcribed from tape, Fort Worth, TX, 1954)

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