

The Sober Times Newsletter September 2016

Intergroup Office hours are from 8:30 am to 1:00 pm and 2:00 pm to 4:30 pm
Monday - Thursday, Closed Friday, Saturday and Sunday



Phone- 508-775-7060

Notes from the editor

Hello All,

It is amazing to me how fast the Summer goes by. I certainly won't miss all the traffic and craziness that summer provides on the Cape. I did however meet some great people from the program traveling through while exploring the Cape. Hopefully you all enjoyed your Summer and are getting ready for what I consider to be the best season on Cape Cod.

Things are moving along here at the office. The new meeting list (Lavender) is out and in circulation. As changes to the meeting list come in they are immediately updated on the website. The website is always the most up to date listing we have regarding meetings on the Cape. The website and the meeting list are only as good as the information this office receives. If you know of a meeting change or know of any new or disbanded meetings please let this office know. If anyone has any suggestions for this newsletter please call the office and let me know. Stay safe.

Chuck T.

Service Committee Meetings

Intergroup Reps Meeting Every 1st Tuesday at 7:30
Federated Church
Resource Room, 320
Main Street (Front
Door Hyannis, MA.

General Service Districts 1&2 Every 2nd Tuesday at 7:30 pm
behind St David's
Church in Nelson's
Hall 205 Old Main
So. Yarmouth

Newly elected GSR's are requested to meet at St. David's Church every 2nd Tuesday At 7:00 pm in Nelson's Hall for a welcoming orientation.

Stephanie D. is contact for District 1 & 2

508-771-4143

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. **508-775-7060**

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.

Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."

It is suggested the 9th Tradition be read at each meeting in September:

"A.A. as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

Boston's Bid for ICYPAA is looking for people to get involved from Dist. 1&2. Group meets at 12 Channel St. So. Boston, 1st & 3rd Sundays at 5 P.M.

Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work?

Meeting Updates

Meeting Changes

New Meetings

P-Town

7 AM Attitude Adjustment has added a new meeting for the summer at 8:30 am. In the same room as the 7am meeting.

Osterville

"Beginners Group" Our Lady of Assumption Church 76 Wianno Ave. 5:30pm.

Dennis

The Men's Thursday night meeting has moved from the Senior Center to St. Peter's Church, 310 Rte. 137 @ 7 P.M.

Falmouth

The "Power of Example" Group. Tues. night @ 7 p.m. has disbanded.

Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

Tradition Nine:

Tradition Nine: AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

- Do I still try to boss things in AA?
- Do I resist formal aspects of AA because I fear them as authoritative?
- Am I mature enough to understand and use all elements of the AA program – even if no one makes me do so – with a sense of personal responsibility?
- Do I exercise patience and humility in any AA job I take?
- Am I aware of all those to whom I am responsible in any AA job?
- Why doesn't every AA group need a constitution and bylaws?
- Have I learned to step out of an AA job gracefully – and profit thereby – when the time comes?
- What has rotation to do with anonymity? With humility?

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.



We Have Increased Our Inventory Of Books And Supplies To Serve You Better

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24 hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!**

**I am responsible...When
anyone, anywhere, reaches out
for help, I want the hand of
A.A. always to be there. And
for that I am responsible.**

Volunteers are needed for the Corrections
Committee. Please contact Sharon D. for
details. 508-563-4435

Birthday Plan

INTERESTING

Q. Who wrote AA's Preamble? Also, when was the word "honest" dropped and why? (i.e. "honest desire to stop drinking") A. The Preamble first appeared in the Grapevine in June 1947, and was written by Tom Y., the Grapevine Editor serving at that time. Its intent was to inform the public as to what A.A. is and what it is not. Shortly thereafter, the Preamble began appearing in each monthly issue of the Grapevine, and later on in much of our A.A. Conference-approved literature. In 1992 the Grapevine published a short history of the Preamble. In the 1947 version of the Preamble, it contained the wording, "...an honest desire to stop drinking..." as printed in the foreword to the first edition of the Big Book. However, since the adoption of the short form of the Traditions in 1950, the Third Tradition has always read, "The only requirement for A.A. membership is a desire to stop drinking" and this form was used by Bill in writing the book, Twelve Steps and Twelve Traditions. In 1958 the expression "honest desire" was discussed at great length at the General Service Conference. It was felt that it was impossible to determine what constitutes an "honest" desire to stop drinking, thus the word was dropped. The "new" version of the Preamble, without the word "honest," first appeared in the September 1958 issue of the Grapevine. There have been other versions of the Preamble, written by AA members for their local groups' use, which were then circulated around AA; for example: the "Texas Preamble," the "Wilmington Preamble," etc. Many AA members find these interesting, but they have never been adopted by the Fellowship as a whole.

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