

The Sober Times Newsletter May 2017

Intergroup Office hours are from 8:30 am to 1:00 pm and 2:00 pm to 4:30 pm
Monday - Thursday, Closed Friday, Saturday and Sunday



Phone- 508-775-7060
www.capecodaa.net

Notes from the editor

Hello All,

Warmer temperatures and traffic have arrived on the Cape as we gear up for the Memorial Day holiday weekend and another Summer season. It amazes me how fast the seasons change. The new meeting list will be out at the end of the month so if you have any changes, additions or deletions you need to get those into my office as soon as possible. I have the office fully stocked for all of your AA needs. We are still offering **FREE SHIPPING**. I am always looking for submissions for the Sober Times. If you have something you would like to have included please either send me an email or stop by and see me at the office. The office hours will continue to be Mon-Thurs, closed Fri, Sat and Sun. I also have vacation time that I will be using. I will try and post my vacation time on the website but you can always call and check and see if we are open. I hope you all have a safe and prosperous month.

Chuck T.

Service Committee Meetings

Intergroup Reps Meeting Every 1st Tuesday at 7:30
Federated Church
Resource Room, 320
Main Street (Front
Door Hyannis, MA.

General Service Districts 1&2 Every 2nd Tuesday at 7:30 pm
behind St David's
Church in Nelson's
Hall 205 Old Main
So. Yarmouth

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. **508-775-7060**

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.

Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."

It is suggested the 5th Tradition be read at each meeting in May:

"Admitted to God, to ourselves, and to another human being the exact nature of our wrongs"

Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work?

Boston's Bid for ICYPAA is looking for people to get involved from Dist. 1&2. Group meets at 12 Channel St. So. Boston, 1st & 3rd Sundays at 5 P.M.

Newly elected GSR's are requested to meet at St. David's Church every 2nd Tuesday At 6:45 pm in Nelson's Hall for a welcoming orientation.

Barbara F. is contact for District 1 & 2
774-836-8830

Meeting Updates

Meeting Changes

New Meetings

Bourne

Open Big Book
Wednesday's at
7:00 At the
Methodist
Church, 37
Sandwich road.

Harwich

"Dry Dock"
is looking for
support for all
meetings.

Hyannis

"Live and let
Live" Gay open
discussion
meeting. 6:00pm
Sunday, starting
May 7th at the
HAC bldg. 460
West Main St.

Sandwich

"Sandwich
Saturday night"
will now be
meeting from
7:30-9:00 P.M.
with a break.

Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

Tradition 5 – Principle of carrying THE message

Each group has but one primary purpose—to carry its message to the addict who still suffers.

1. Do I ever cop out by saying, "I'm not a group, and so this or that Tradition doesn't apply to me"?
2. Am I willing to explain firmly to a newcomer the limitations of the Fellowship's help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any Fellowship member for a special favor or consideration simply because I am a fellow addict?
4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
5. Do I help my group in every way I can to fulfill our primary purpose?
6. Do I remember that Fellowship old-timers, too, can be addicts who still suffer? Do I try both to help them and to learn from them?

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.



We Have Increased Our Inventory Of Books And Supplies To Serve You Better

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24 hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!**

The Serenity Group 21st Anniversary Meeting.

Tuesday May 30th 7:30 P.M.

***Saint David's Church
205 Old Main St.
South Yarmouth***

Food, Fellowship and Speakers.

**I am responsible...When
anyone, anywhere, reaches out
for help, I want the hand of
A.A. always to be there. And
for that I am responsible.**

Volunteers are needed for the Corrections Committee. Please contact Roger Allen. for details. 508-563-4435

Sandwich Saturday Night group
Celebrated 53 years as a group on April
9th 2017

The group began on April 9th 1964

Congratulations !!!!!!!

Why shouldn't the General Service Conference be a government for Alcoholics Anonymous?

Each A.A. Group is autonomous; our only "authority" is a Higher Power. Practically speaking, no A.A. Group will stand for a personal government anyhow; we're built that way. Though the Conference will guide A.A. Headquarters, it must never assume to govern A.A. as a whole. While it can publicly deplore misuse of the A.A. name or departures from Tradition, it ought never attempt punishment or legal restraint of non-conformists - in A.A. or out. That is the road to public controversy and internal disruption. The Conference will give us an example and a guide, but not government. A personal government is something, God willing, that Alcoholics Anonymous will never have. We shall authorize servants to act for us, but not rulers. (Third Legacy Pamphlet, October 1950)

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