

The Sober Times Newsletter June 2020

Intergroup Office hours are from 9:00 am to 4:00 pm
Monday - Thursday, Closed Friday, Saturday and Sunday

Cape Cod Intergroup

Phone- 508-775-7060
www.capecodaa.net

Notes from the editor

Hello All,

As we move into June hopefully, we have turned the corner and, on our way, out of this thing. I want to thank all of those individuals and groups that have continued to donate and support Intergroup through these trying times. Usually at this time the new meeting list is made available. I have been waiting to see what all of this is going to look like once we get on the other side. If you have any group changes that need to be made please send them in and I will get the information updated on the website. Elections for Steering Committee are being held this month. Please notify your Intergroup rep if you have a nominee you would like to submit. The store is still open by appointment or if you need something shipped, I can do that as well. Challenging times have tested us all, but we have shown and will continue to show we are a resilient bunch. I hope you all are well and stay safe.
Chuck T.

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. **508-775-7060**

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.

Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."

It is suggested the 6th Tradition be read at each meeting in May:

Did you.....

"An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose"

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service

Service Committee Meetings

Intergroup Reps

Meeting Every 1st

Tuesday at 7:30

Federated Church
Resource Room, 320
Main Street (Front
Door Hyannis, MA.

General Service

Districts 1&2 Every 2nd

Tuesday at 7:00 pm

at the Cape Cod
Covenant Church,
Setucket Rd. In
Brewster.

Newly elected GSR's are requested to meet at Cape Cod Covenant Church every 2nd Tuesday At 6:30 pm for a welcoming orientation.

Barbara F. is contact for District 1 & 2
774-836-8830

The Intergroup Steering Committee meets the last Monday of the month at 6 P.M. At the Intergroup office. 396 Main St. Hyannis.

Meeting Updates

Meeting Changes

Falmouth

Sisters in Sobriety new location.
790 Main St at the Rec center.
Also, the format is now OPEN women's step.

Pocasset

Pocasset Sunday night has changed their meeting time from 7:30-9:00 to 7:30-8:30 PM

Pocasset

New Meeting
Pocasset
Community Center BBSS
Thursdays 9 A.M.

Cotuit

New Meeting
"Just Breathe"
Womens CD Wed
6:30 PM At the
Federated Church
40 School St.

Sandwich

Sunday nights
7:00 P.M. St.
Johns Church 159
Main St. OD
traditions meeting

Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

Tradition Six: An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
2. Is it good for a group to lease a small building?
3. Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?
4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.



We Have Increased Our Inventory Of Books And Supplies To Serve You Better

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24-hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items, we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!**

Commitment time slots that need to be filled at Emerson House MONTHLY

Start times are either 7 or 7:30 based on group preference.

Participants must be WOMEN with more than 90 days of sobriety.

1st and 3rd Mondays

1st and 2nd Tuesdays

3rd Wednesdays

Every Friday

1st, 3rd and 4th Saturdays

Contact Michelle M to schedule 617-905-4651 or email

Mmerlino8@gmail.com

Birthday Plan

On their sobriety birthday, many AA members contribute one dollar or more for each year of sobriety to any or all of our four service entities; District, Area, GSO and your local Intergroup

How can A.A. best assure its continued existence?

Since the beginning of recorded time, many societies and nations of civilizations have passed in review. In those great ones that have left their mark for good, in contrast with those who have left their mark for evil, there has always been a sense of history, a true and high constant purpose, and there has always been a sense of destiny.

In the societies which failed to leave a bright mark in the annals of the world, there was always a false or boastful sense of history, always a mistaken or inadequate purpose and always the presumption of an infinite, a glorious and an exclusive destiny.

In the societies that left their mark of goodness on time, the sense of history was not a matter for pride or for glory; it was the substance of the learning of the experience of the past. In the purpose of such a society there was always truth and constancy, but never a supposition that the society had apprehended all of the truth - or the superior truth. And in the sense of destiny there was no conceit, no supposition that a society or nation or culture would last forever and go on to greater glories. But there was always a sense of duty to be fulfilled, whatever destiny the society might be assigned by providence for the betterment of the world.

This is the crossroads at which we in A.A. stand. This is a good time to re-examine how well we have looked upon our A.A. history and how much we have profited by it, what false insights or false glories we may have been extracting from history - to our future detriment. It is a moment to examine the purpose of this Society. Indeed, we are very lucky to be able to state as the nucleus of that purpose a single word: sobriety.

Quite early we saw, however, that sobriety in abstinence from alcohol could never be attained unless there was sobriety and more quietude in the false motivation that underlay our drinking.

When the Twelve Steps were cast up - without any real experience and therefore under some Guidance, surely - we were given keys to sobriety in its wider implications. We have been blessed with a concrete definition of purpose but, for all its concreteness, we could still abuse it and misuse it in a very natural way.

Some times we begin to think that perhaps, according to Scriptural promise, the first shall be last and the last - meaning us - shall really be first. That would indeed be a very dangerous presumption and never should we indulge it. If we do, we shall compete in history with other societies who have been ill-advised enough to suppose that they had a monopoly on truth or were in some way superior to other attempts of men to think and to associate in love and in harmony.

We may look out upon our destiny with no violation of our principle that we are to live one day at a time. We mean that, emotionally, each in his personal life is never to repine upon the past glory too much, in the present, or presume upon the future. We shall attend to the day's business but we shall try to apprehend ever more truth from the lessons of our history, not the lessons of our successes but the lessons of our defections, failures and the awful emotions that can set us loose upon us. For these, indeed, are the raw materials that God has used to forge this still rather little instrument called Alcoholics Anonymous. So we may look at destiny and we may ask ourselves about it and speculate upon it a little - if we do not presume to play God. © (Bill W.G.S.C., 1961)

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