

The Sober Times Newsletter June 2019

Intergroup Office hours are from 8:30 am to 1:00 pm and 2:00 pm to 4:00 pm
Monday - Thursday, Closed Friday, Saturday and Sunday

Cape Cod Intergroup

Phone- 508-775-7060
www.capecodaa.net

Notes from the editor

Hello All,

It seems like for the last 6 months or so Intergroup has seen a steady decline in the amount of donations. We're not sure what the causative factor is in this. There has also been a shift in monthly donations to what seems quarterly donations. This creates a challenge for the office as I try construct our monthly budgets. For those that don't know it costs approximately \$5500 a month to keep the office operational. Intergroup also tries to maintain a 6 month prudent reserve as suggested. We have never had the suggested reserve since I have been in this office. When you as a group discuss the financial report included in each issue of the Sober Times it is important to focus on the first group of numbers, which going forward I will highlight for you. This is what we have on hand as far as liquid (spendable) assets. We strive to be transparent in all our financial dealings and really appreciate all your support. Any questions please feel free to contact the office. Thank you for supporting your Intergroup.

Chuck T.

Service Committee Meetings

Intergroup Reps

Meeting Every 1st

Tuesday at 7:30

Federated Church

Resource Room, 320

Main Street (Front

Door Hyannis, MA.

General Service

Districts 1&2 Every 2nd

Tuesday at 7:00 pm

behind St David's

Church in Nelson's

Hall 205 Old Main

So. Yarmouth

Newly elected GSR's are requested to meet at St. David's Church every 2nd Tuesday At 6:30 pm in Nelson's Hall for a welcoming orientation.

Barbara F. is contact for District 1 & 2
774-836-8830

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. 508-775-7060

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.

Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."

It is suggested the 6th Tradition be read at each meeting in June:

"An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."

The Intergroup Steering Committee meets the last Monday of the month at 6 P.M. At the Intergroup office. 396 Main St. Hyannis.

Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work?

Meeting Updates

Meeting Changes

Falmouth

11 step at St Barnabas church Thursday at 7 PM has disbanded

Brewster

New Meeting

11 step meditation group meeting Fri. 2PM 11 Satucket Rd. Cape Cod Covenant Church

Hyannis

The Monday 12&12 OD at 5:30 PM needs support.

Cotuit

New Meeting

“Just Breathe”

Womens CD Wed 6:30 PM At the Federated Church 40 School St.

Bourne

Weds night open beginner meeting at 7:30P.M. at 311 Barlow’s Landing Rd. needs support.

Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

Tradition Six: An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
2. Is it good for a group to lease a small building?
3. Are all the officers and members of our local club for AAs familiar with “Guidelines on Clubs” (which is available free from GSO)?
4. Should the secretary of our group serve on the mayor’s advisory committee on alcoholism?
5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.



We Have Increased Our Inventory Of Books And Supplies To Serve You Better

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24-hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!**

Harwichport Saturday night 60th anniversary

June 15th at 7:30 P.M.

Speakers, potluck and fellowship

Volunteers are needed for the Corrections Committee. Please contact Roberta Churchill for details. 508-563-4435

Do alcoholics as a class differ from other people?

Some years ago the doctors began to look at Alcoholics Anonymous and they got about thirty of us together and they said to themselves "Well, now that these fellows are in A.A., and they won't lie so badly, and maybe for the first time we'll get a good look at what the interior of a drunk is like." So a number of us were examined at great length by psychiatrists, and all sorts of tests taken, and the object of this particular inquiry was to see whether alcoholics as a class differed from other people, and if they did, just why and how much.

A number of us were invited to attend the conclave, and a number of learned papers were read, and finally one of these physicians (a very noted one - the meeting took place at the New York Academy of Medicine) began to sum up what he thought the conclusion which they had arrived at was this: that the alcoholic is emotionally on the childish side. That the alcoholic is a person who is more sensitive emotionally than the average person. And then, they ascribed another quality to us - they used the word "grandiosity," they were grandiose (meaning by that that as a type we were what you might call "All of nothing people.")

Someone once described it by saying all alcoholics hanker for the moon when perhaps the stars would have done just as well. As a class, we're like that, said the doctors. **Bill Wilson** (Memphis, Tenn., Sept.18-20, 1947)

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