The Sober Times Newsletter June 2018

Intergroup Office hours are from 8:30 am to 1:00 pm and 2:00 pm to 4:00 pm Monday - Thursday, Closed Friday, Saturday and Sunday

Notes from the editor

Hello All,

Warmer weather and the inevitable traffic are back for another season. The new meeting lists are done and are available at the Intergroup office. Its fishing season and I will be using some of my vacation time. I always advise calling ahead to make sure we are open. We still offer free shipping so if you want to avoid the traffic and other hassles feel free to call the office and place an order. Elections for the Steering Committee are this month. If you or someone you know is interested in serving, please attend the Intergroup reps meeting, the first Tuesday of this month at 7:30 at the Federated Church on Main St. in Hyannis. Towards the end of the month I will be doing the end of the fiscal year inventory for the store. I will be closed for one day to accomplish this. I will post the date of the closing on the website. Nicer weather is finally here. Get out and enjoy all the Cape has to offer.

Chuck T.

Service Committee Meetings

Intergroup Reps
Meeting Every 1st
Tuesday at 7:30
Federated Church
Resource Room, 320
Main Street (Front
Door Hyannis, MA.

General Service
Districts 1&2Every 2nd
Tuesday at 7:00 pm
behind St David's
Church in Nelson's
Hall 205 Old Main
So. Yarmouth

Newly elected GSR's are requested to meet at St. David's Church every 2nd Tuesday At 6:30 pm in Nelson's Hall for a welcoming orientation.

Barbara F. is contact for District 1 & 2 774-836-8830

Cape Cod Intergroup

Phone- 508-775-7060 www.capecodaa.net

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today.508-775-7060

It is suggested the 6th Tradition be read at each meeting in June:

"An A.A. group ought never endorse, finance, or lend the A.A. name to ant related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."

The Intergroup
Steering Committee
meets the last
Monday of the month
at 6 P.M. At the
Intergroup office.
396 Main St.
Hyannis.

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.

Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."

Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work?

Meeting Updates

Meeting Changes

Bourne

WBBSS Thurs 6:00 has moved from the community center to 10 Williston rd., Sagamore

W. Barnstable

Friday Night Women's Open Step 5:30 P.M. Our Lady of Good Hope, 6A and Parker rd. Has Disbanded.

Provincetown

The Monday evening Big Book Study Meeting at the Provincetown Community Center at 5:30PM has been disbanded

Centerville

"Compassion" group has changed their format from OD to OS.



Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

Tradition Six

An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

- 1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
- 2. Is it good for a group to lease a small building?
- 3. Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?
- 4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
- 5. Some alcoholics will stay around AA only if we have a TV and card room this is what is required to carry the message to them, should we have these facilities?

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.

We Have Increased Our Inventory Of Books And Supplies To Serve You Better

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24-hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!**

Sunshine Group 51st Anniversary

Sunday July 15th
Meeting at 10a.m. with special speakers
11a.m. food and fellowship
Barnstable Intermediate school cafeteria
895 Falmouth Road (Route 28)
Hyannis

I am responsible...When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that I am responsible.

Volunteers are needed for the Corrections Committee. Please contact Roberta Churchill for details. 508-563-4435

Q - what are the ideas embodied in the Twelve Traditions?

A - That, touching all matters affecting A.A. unity, our common welfare should come first; that A.A. has no human authority -only God as He may speak in our Group conscience; that our leaders are but trusted servants, they do not govern; that any alcoholic may become an A.A. member if he says so - we exclude no one; that every A.A. Group may manage its own affairs as it likes, provided surrounding groups are not harmed thereby; that we A.A.'s have but a single aim - the carrying of our message to the alcoholic who still suffers; that in consequence we cannot finance, endorse or otherwise lend the name 'Alcoholics Anonymous' to any other enterprise, however worthy; that A.A., as such, ought to remain poor, lest problems of property, management and money divert us from our sole aim; that we ought to be selfsupporting, gladly paying our small expenses ourselves; that A.A. should forever remain non-professional, ordinary 12th step work never to be paid for; that, as a Fellowship, we should never be organized but may nevertheless create responsible Service Boards or Committees to insure us better propagation and sponsorship and that these agencies may engage full-time workers for special tasks; that our public relations ought to proceed upon the principle of attraction rather than promotion, it being better to let our friends recommend us; that personal anonymity at the level of press, radio and pictures out to be strictly maintained as our best protection against the temptations of power or personal ambition; and finally, that anonymity before the general public is the spiritual key to all our traditions, ever reminding us to place principles before personalities, that we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all. (Tape -Twelve Traditions, Cleveland, July, 1950)

A - We sometimes congratulate ourselves on the Traditions as though they were a list of virtues singular to us. Actually, they are a codification of the lessons of our past experience during the early days of A.A.

These Traditions are not fixed absolutely. There may be room for improvement. However, they should not be lightly cast aside, since they bear on our unity, survival and growth under God's grace."

We are entering a new era of growth with vast forces tearing at the world. The problems and difficulties of the future may be greater than those we have already survived. Still, there is a love among us that passeth all understanding and that will sustain us through all the trials that lie ahead, no matter how formidable." (Transcribed from tape, **GSC**, 1968)

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Street Address or	PO Box	
City	State	

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