

# The Sober Times Newsletter June 2017

Intergroup Office hours are from 8:30 am to 1:00 pm and 2:00 pm to 4:30 pm  
Monday - Thursday, Closed Friday, Saturday and Sunday

**Cape Cod Intergroup**

Phone- 508-775-7060  
www.capecodaa.net

## Notes from the editor

Hello All,

The unofficial start of Summer has arrived!!!! Green grass, flowers in bloom and the salt in the air. All the things that make the Cape special are here. The new Summer/Fall meeting lists are in. Some minor changes have been made so be sure to pick up the new meeting lists. As always the website has the most up to date information regarding all of our meetings. If you have any updated info regarding any of our meetings please contact the office.

In last month's Sober Times I made a mistake when I was cutting and pasting one of the articles for last month's issue. This was not done intentionally and was corrected immediately once it was pointed out to me. I apologize for that mistake. I am the one responsible and I believe when a mistake is made it is best to take ownership of it. With the help of one of our members I will now have a proof reader to look over my work before it goes to print. A second set of eyes will be extremely valuable and is greatly appreciated. I hope you all have a great start to your Summer.

Chuck T.

### Service Committee Meetings

**Intergroup Reps Meeting** Every 1<sup>st</sup> Tuesday at 7:30  
Federated Church  
Resource Room, 320  
Main Street (Front  
Door Hyannis, MA.

**General Service Districts 1&2** Every 2<sup>nd</sup> Tuesday at 7:30 pm  
behind St David's  
Church in Nelson's  
Hall 205 Old Main  
So. Yarmouth

Newly elected GSR's are requested to meet at St. David's Church every 2nd Tuesday At 6:45 pm in Nelson's Hall for a welcoming orientation.

Barbara F. is contact for District 1 & 2  
774-836-8830

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. **508-775-7060**

**Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.**

**Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."**

It is suggested the 6th Tradition be read at each meeting in June:

***"An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose"***

Boston's Bid for ICYPAA is looking for people to get involved from Dist. 1&2. Group meets at 12 Channel St. So. Boston, 1st & 3rd Sundays at 5 P.M.

### **Did you.....**

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work?

## Meeting Updates

### Meeting Changes

#### New Meetings Bourne

Open Big Book  
Wednesday's at  
7:00 At the  
Methodist  
Church, 37  
Sandwich road.

#### Harwich

"Dry Dock"  
is looking for  
support for all  
meetings.

#### Hyannis

"Live and let  
Live" Gay open  
discussion  
meeting. 6:00pm  
Sunday, starting  
May 7th at the  
HAC bldg. 460  
West Main St.

#### Orleans

"11th step  
meeting" Nauset  
Beach 6:30-  
7:30am This  
meeting is  
seasonal from  
June 3rd to Sept.  
2nd

### Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

**Tradition Six: An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.**

1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
2. Is it good for a group to lease a small building?
3. Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?
4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?

### Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1<sup>st</sup> Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.



## **We Have Increased Our Inventory Of Books And Supplies To Serve You Better**

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24 hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!**

**Harwichport Saturday Night Group Anniversary  
June 17th**

**Immediately following the 7:30 meeting.**

**Christ Episcopal Church**

**at the corner of Harbor Road**

**and Route 28. Come celebrate 58 years.**

**I am responsible...When  
anyone, anywhere, reaches out  
for help, I want the hand of  
A.A. always to be there. And  
for that I am responsible.**

Volunteers are needed for the Corrections Committee. Please contact Roger Allen. for details. 508-563-4435
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### **Birthday Plan**

<h4 style="margin: 0;"><b>Anonymity Letter to Media from the General Service Office of Alcoholics Anonymous</b></h4>
<p>From time to time we write our friends in the media to thank them for helping us observe our long-standing tradition of anonymity for members of Alcoholics Anonymous.</p> <p>First, let us express our deep gratitude to you. From the beginning of A.A. in 1935, its members have recognized that word-of-mouth is not sufficient by itself to carry the program's message of hope and recovery to the many people still suffering from alcoholism. The media has been a vital part of this effort, and today we estimate that there are more than 2 million successfully recovering members of Alcoholics Anonymous in more than 180 countries.</p> <p>Second, we respectfully request that you continue to cooperate with us in maintaining the anonymity of A.A. members. The principle of anonymity is a basic tenet of our fellowship. Those who are reluctant to seek our help may overcome their fear if they are confident that their anonymity will be respected. In addition, and perhaps less understood, our tradition of anonymity acts as a restraint on A.A. members, reminding us that we are a program of principles, not personalities, and that no individual A.A. member may presume to act as a spokesman or leader of our fellowship. If an A.A. member is identified in the media, we ask that you please use first names only (e.g., Bob S. or Alice F.) and that you not use photographs or electronic images in which members' faces may be recognized.</p> <p>Again, we thank you for your continued cooperation. Those who wish to know more about our fellowship are welcome to visit the "<a href="#">For the Media</a>" section of aa.org. We hope you will take a moment to watch <a href="#">a brief video on why anonymity remains a vital principle in Alcoholics Anonymous.</a></p> <p style="text-align: center;">Our fellowship does not comment on matters of public controversy, but we are happy to provide information about A.A. to anyone who seeks it.</p> <p>Sincerely,</p> <p>Public Information Committee of Alcoholics Anonymous</p>

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PLEASE CONTACT THE INTERGROUP OFFICE TO UPDATE YOUR SUBSCRIPTION INFORMATION.  
OTHERWISE THIS IS YOUR LAST COPY!!!!!! CALL TODAY!!!**

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(Please Print)NAME (Secretary Name if group)

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Street Address or PO Box

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