

The Sober Times Newsletter June 2016

Intergroup Office hours are from 8:30 am to 1:00 pm and 2:00 pm to 4:30 pm
Monday - Thursday, Closed Friday, Saturday and Sunday

Cape Cod Intergroup

Phone- 508-775-7060

Notes from the editor

Hello All,

Last call for any updates or changes for the next printing of the Cape and Islands meeting list. If you have any changes or updates they need to be submitted to the office **no later than the first week of June**. Also elections for the Steering Committee will be held at the next Intergroup Reps meeting on June 7th, 2016. It's a great opportunity to get involved with Intergroup. At last month's Steering Committee meeting it was decided in an effort to save money the Intergroup office will not open on Fridays as in previous years. The office will maintain its current office hours of Monday through Thursday. Any questions or concerns can be directed through your Intergroup rep or you can call the office.

As always we provide **free shipping for any of your purchases**. I am always looking for people willing to share their stories of experience, strength and hope with our readers. You can do this anonymously if you would like.

Have a great month and stay safe.

Chuck T.

Service Committee Meetings

Intergroup Reps Meeting Every 1st
Tuesday at 7:30
Federated Church
Resource Room, 320
Main Street (Front
Door Hyannis, MA.

General Service Districts 1&2 Every 2nd
Tuesday at 7:30 pm
behind St David's
Church in Nelson's
Hall 205 Old Main
So. Yarmouth

Newly elected GSR's are requested to meet at St. David's Church every 2nd Tuesday At 7:00 pm in Nelson's Hall for a welcoming orientation.

Stephanie D. is contact for District 1 & 2

508-771-4143

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. **508-775-7060**

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.

Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."

It is suggested the 6th Tradition be read at each meeting in June:

"An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest the problems of money, property, and prestige divert us from our primary purpose"

Boston's Bid for ICYPAA is looking for people to get involved from Dist. 1&2. Group meets at 12 Channel St. So. Boston, 1st & 3rd Sundays at 5 P.M.

Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work?

Meeting Updates

Meeting Changes

New Meetings

Falmouth

"Each day a new beginning" From June 1st -25th will be meeting at the John Wesley Church on Saturdays and the Woods Hole fire station on Sundays.

Harwich

"Living the life group"
Thurs. 7:30 pm
@ Club Dry Dock, East Harwich Plaza

Falmouth

The "Power of Example" Group. Tues. night @ 7 p.m. is looking for support.

Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

Traditions Checklist

Tradition Six: An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

- Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
- Is it good for a group to lease a small building?
- Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?
- Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
- Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.



We Have Increased Our Inventory Of Books And Supplies To Serve You Better

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24 hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!**

Each Day A New Beginning

81st A.A. Birthday Celebration!!!

Friday, June 10th from 4-7 pm at the John Wesley
Methodist Church. 270 Gifford St. Falmouth,
Mass.

All are welcome.

**I am responsible...When
anyone, anywhere, reaches out
for help, I want the hand of
A.A. always to be there. And
for that I am responsible.**

Volunteers are needed for the Corrections
Committee. Please contact Sharon D. for
details. 508-563-4435

Birthday Plan

**Congratulations to Sharon J. on her
25th "birthday" May 4th!!!! Thank
you Sharon for your birthday
donation!!!**

I was asked by a reader to post this. I think it certainly comes in handy.

The Third Step Prayer

from page 63 of the Big Book of Alcoholics Anonymous

God, I offer myself to Thee-
To build with me
and to do with me as Thou wilt.
Relieve me of the bondage of self,
that I may better do Thy will.
Take away my difficulties,
that victory over them may bear witness
to those I would help of Thy Power,
Thy Love, and Thy Way of life.
May I do Thy will always!

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