

# The Sober Times Newsletter July 2022

Intergroup Office hours are Wednesday 10-4, Thursday and Friday 9-2

**Cape Cod Intergroup**

Phone- 508-775-7060

www.capecodaa.net

## Notes from the editor

Hello all,

It certainly continues to be busy around the Intergroup office these days. Work is continuing on the printed meeting list, and I hope to get that out this month. The votes have been counted and we've added two new members to the Steering Committee. Congratulations to Bill S. and Kim P. on their election to the Steering Committee. We all of the members of the Steering Committee and the Intergroup reps a debt of gratitude for their service work. World services is still behind on book orders, with most of the popular items still on backorder. I will post on the website as items become available. If you are interested in volunteering at the office or being a Intergroup rep for your group please let the office know. Groups having an Intergroup rep have a voice and a say in how the Intergroup office operates and in which direction it goes. Your service work goes a long way in helping shape the path of Intergroup. We hope to see you soon.

Chuck T.

### Service Committee Meetings

#### **Intergroup Reps**

**Meeting** Every 1<sup>st</sup>

Tuesday at 7:30 on the Zoom platform.

Meeting ID: 833 6954 2618. Text Constance

S. 508-274-7797 for password

#### **General Service Districts**

**1&2** Every 2<sup>nd</sup> Tuesday at

7:00 pm at the Cape Cod Covenant Church, Setucket Rd. In Brewster.

District Zoom ID is 306-270-5910

Newly elected GSR's are requested to meet at Cape Cod Covenant Church every 2nd Tuesday At 6:30 pm for a welcoming orientation.

Barbara F. is contact for District 1 & 2 774-836-8830

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. **508-775-7060**

**Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.**

**Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."**

It is suggested the 7th Tradition be read at each meeting in July:

#### **Did you.....**

**"Every A.A. group ought to be fully self-supporting, declining outside contributions".**

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service

**The Intergroup Steering Committee meets the last Monday of the month at 7:30 P.M. On Zoom. Meeting ID 872 2028 8723 Text Constance S. 508-274 7797 for password**

## Meeting Updates

### Meeting Changes

District has a new web address and a new mailing address. The new website is [capecodaa.org](http://capecodaa.org)  
Their new mailing address is  
P.O. Box 1270  
South Dennis  
Mass 02660

The Sandwich/W. Barnstable Sunday Morning group is now meeting from 9:30-10:30 for the summer. We will evaluate our options in the fall.

We have a new Zoom account for our Hybrid meeting.  
Zoom ID: 523 956 0213  
Password: 386918

### Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

### **Tradition Seven: Every AA group ought to be fully self-supporting, declining outside contributions.**

1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?
2. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
3. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
4. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
5. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
6. How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?

### Is Cape Cod Intergroup a part of A.A.?

**Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.**

**Your group can participate by selecting an Intergroup Representative to represent your group.**

**IG Reps meet on the 1<sup>st</sup> Tuesday of every month. Any AA member can attend.**

**As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.**



### Updated Policy Regarding Shipping and After Hour Calls.

Outgoing shipments from the office will be made once a week (Friday) instead of daily until further notice. The office is only open 16 hrs a week. Wed, Thurs, and Fri. Non emergent calls will be handled during business hours only. Messages can be left with the answering service and business will be handled on next business day.

“On August 2th fresh off of the General Service Board Weekend, Francis G., the Northeastern Regional Trustee of AA, and one of 9 AA Grapevine Directors, will be at the Intergroup Reps meeting on Zoom. This is the first time anyone from GSO has been to an Intergroup meeting and take advantage to attend and participate.

Topics: Communication from GSO- our reps feel they are not informed with regarding information from GSO.

Another topic rotation and, positions staying open, duration of service of a position for trustees.

### **Have the Traditions been widely accepted?**

When they were first written in early 1946 as tentative guides to help us hang together and function, nobody paid any attention except a few “againers” who wrote me and asked what the hell they were about.

Nobody paid the slightest attention but little by little as these Traditions got around we had our clubhouse squabbles, our little rifts, this difficulty and that and it was found that the Traditions indeed did reflect experience and were guiding principles. So they took hold a little more and a little more so that today the average A.A. coming in the door learns at once what they’re about, about what kind of an outfit he has really landed in and by what principles his group and A.A. as a whole are governed. (Bill Wilson, Transcribed from tape, Fort Worth, TX, 1954)

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(Please Print)NAME (Secretary Name if group)

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**Individual \$5.00 per year.**

**Group Secretaries receive  
the Sober Times FREE!!!!**

**(This barely covers the postage)**

**Cape Cod Intergroup  
745 Falmouth Road  
Hyannis MA 02601**

**Non-Profit Org.**

**District 1 & 2 is sponsoring an AA softball game at 3 P.M. at the Johnny Kelly  
Field in Dennis. It will be the Upper Cape vs The Lower Cape. If you're  
interested in participating, please contact Dan B. @ 508-360-0870 for all the  
details.**