

The Sober Times Newsletter July 2019

Intergroup Office hours are from 8:30 am to 1:00 pm and 2:00 pm to 4:00 pm
Monday - Thursday, Closed Friday, Saturday and Sunday



Phone- 508-775-7060
www.capecodaa.net

Notes from the editor

Hello All,

We are still on that downward trend regarding donations to Intergroup. This is going to result in some changes in how we do business. Some of the options are a reduction of Store hours, rescinding free shipping and a reduction in the amount of inventory we will be able to keep on hand. These and other options will be discussed with the Steering Committee and The Intergroup reps prior to implementation. If any of you have any suggestions, criticisms or questions please give the office a call. I would be happy to hear from you.

I encourage people to call the office before making a trip up. If I am not going to be in the office on any particular day, I post that information on the website as well as passing that information on to the answering service. The last thing I want is anyone being inconvenienced. A quick call or a check of the website will avoid any unnecessary travel. If you call ahead, I can have your order ready for you.

Chuck T.

Service Committee Meetings

Intergroup Reps Meeting Every 1st Tuesday at 7:30
Federated Church
Resource Room, 320
Main Street (Front
Door Hyannis, MA.

General Service Districts 1&2 Every 2nd Tuesday at 7:00 pm
behind St David's
Church in Nelson's
Hall 205 Old Main
So. Yarmouth

Newly elected GSR's are requested to meet at St. David's Church every 2nd Tuesday At 6:30 pm in Nelson's Hall for a welcoming orientation.

Barbara F. is contact for District 1 & 2
774-836-8830

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. **508-775-7060**

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.

Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."

It is suggested the 7th Tradition be read at each meeting in July:

Did you.....

"Every A.A. Group ought to be fully self-supporting, declining outside contributions"

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work?

The Intergroup Steering Committee meets the last Monday of the month at 6 P.M. At the Intergroup office. 396 Main St. Hyannis.

Meeting Updates

Meeting Changes

Falmouth

11 step at St Barnabas church Thursday at 7 PM has disbanded

Brewster

New Meeting

11 step meditation group meeting Fri. 2PM 11 Satucket Rd. Cape Cod Covenant Church

Hyannis

The Monday 12&12 OD at 5:30 PM needs support.

Cotuit

New Meeting

“Just Breathe”

Womens CD Wed 6:30 PM At the Federated Church 40 School St.

Bourne

Weds night open beginner meeting at 7:30P.M. at 311 Barlow’s Landing Rd. needs support.

Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

Tradition Seven: Every AA group ought to be fully self-supporting, declining outside contributions.

1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can’t afford it yet? How generous was I when tanked in a barroom?
2. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
3. If GSO runs short of funds some year, wouldn’t it be okay to let the government subsidize AA groups in hospitals and prisons?
4. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.



We Have Increased Our Inventory Of Books And Supplies To Serve You Better

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24-hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!**

PRIMARY PURPOSE 14TH ANNIVERSARY

**August 8th from 8-9 P.M.
First Baptist Church
298 Barlow's Landing Road. Pocasset
Food and Fellowship**

<p>Volunteers are needed for the Corrections Committee. Please contact Roberta Churchill for details. 508-563-4435</p>
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Why shouldn't the General Service Conference be a government for Alcoholics Anonymous?

Each A.A. Group is autonomous; our only "authority" is a Higher Power. Practically speaking, no A.A. Group will stand for a personal government anyhow; we're built that way. Though the Conference will guide A.A. Headquarters, it must never assume to govern A.A. as a whole. While it can publicly deplore misuse of the A.A. name or departures from Tradition, it ought never attempt punishment or legal restraint of non-conformists - in A.A. or out. That is the road to public controversy and internal disruption. The Conference will give us an example and a guide, but not government. A personal government is something, God willing, that Alcoholics Anonymous will never have. We shall authorize servants to act for us, but not rulers. © (**Third Legacy Pamphlet**, October 1950).

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