

The Sober Times Newsletter July 2018

Intergroup Office hours are from 8:30 am to 1:00 pm and 2:00 pm to 4:00 pm
Monday - Thursday, Closed Friday, Saturday and Sunday



Phone- 508-775-7060
www.capecodaa.net

Notes from the editor

Hello All,

It's Summertime here on Cape Cod. Barbecues, beaches and of course traffic. Things are happening at your Intergroup office. New Steering committee members have been elected, Inventory has been done and the new meeting lists are in stock. This is one of my favorite times at the office. I really enjoy meeting all of our seasonal visitors. One of the most common comments I hear in the office is how much people enjoy going to meetings here on the Cape. I think that's a testament to the great groups and people we have here on the Cape.

I will be taking off days here and there from the office so I always advise calling ahead to make sure the office is open. Remember we offer **FREE** shipping and if it's a large order I will personally deliver it. Our goal at Intergroup is to provide the highest level of service to our groups within the limitations of a one man office. If you need something off hours, call the office and I will do my best to accommodate your needs. It's Summertime on the Cape. Get out there and enjoy it.

Chuck T.

Service Committee Meetings

Intergroup Reps Meeting Every 1st Tuesday at 7:30
Federated Church
Resource Room, 320
Main Street (Front
Door Hyannis, MA.

General Service Districts 1&2 Every 2nd Tuesday at 7:00 pm
behind St David's
Church in Nelson's
Hall 205 Old Main
So. Yarmouth

Just what is Intergroup doing for your group?
How does your group benefit from Intergroup?
How can your group have a voice in what Intergroup does?
Why not invite us to share with your group at your next business meeting and answer these questions?
A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. **508-775-7060**

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.
Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."

It is suggested the 7th Tradition be read at each meeting in July:

"Every A.A. group ought to be fully self-supporting, declining outside contributions."

Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work?

The Intergroup Steering Committee meets the last Monday of the month at 6 P.M. At the Intergroup office. 396 Main St. Hyannis.

Newly elected GSR's are requested to meet at St. David's Church every 2nd Tuesday At 6:30 pm in Nelson's Hall for a welcoming orientation.

Barbara F. is contact for District 1 & 2
774-836-8830

Meeting Updates

Meeting Changes

Bourne

WBBSS Thurs
6:00 has moved
from the
community center
to 10 Williston
rd., Sagamore

W. Dennis

Monday Night
Women's ES
group 6:00 P.M.
West Dennis
Community
Church has
Disbanded.

Provincetown

The Monday
evening Big Book
Study Meeting at
the Provincetown
Community Center
at 5:30PM has been
disbanded

Harwich

The Sunday A.M.
Women's
CBB12&12
11:30 A.M. 400
East Plaza has
disbanded.

Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

Tradition Seven: Every AA group ought to be fully self-supporting, declining outside contributions.

Questions for Tradition 7:

1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?
2. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
3. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
4. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
5. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
6. How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.



We Have Increased Our Inventory Of Books And Supplies To Serve You Better

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24-hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!**

Dennis Pass it On

Is celebrating their

**34th anniversary on July 5th. Guest speakers &
great food & fellowship to follow meeting 7:30 -
8:30.**

Bill's Friends

**Is celebrating their 13th
anniversary on August 7th,
7:30-8:30 Food and fellowship
to follow.**

Volunteers are needed for the Corrections
Committee. Please contact Roberta
Churchill for details. 508-563-4435

When you first sobered up how did you approach alcoholics and did you change that approach?

A - I took off to cure alcoholics wholesale. It was twinjet propulsion; difficulties meant nothing. The vast conceit of my project never occurred to me. I pressed my assault for six months; my home was filled with alcoholics. Harangues with scores produced not the slightest result. None of them got it. Disappointingly, my friend of the kitchen table, who was sicker than I realized, took little interest in other alcoholics. This fact may have caused his endless backslides later on. For I had found that working with alcoholics had a huge bearing on my own sobriety. But why wouldn't any of my new prospects sober up?

Slowly the bugs came to light. Like a religious crank, I was obsessed with the idea that everybody must have a "spiritual experience" just like mine. I 'd forgotten that there were many varieties. So my brother alcoholics just stared incredulously or kidded me about my "hot flash." This had spoiled the potent identification so easy to get with them. I had turned evangelist. Clearly the deal had to be streamlined. What came to me in six minutes might require six months in others. It was to be learned that words are things, that one must be prudent. It was also certain that something ailed the deflationary technique. It definitely lacked wallop. Reasoning that the alcoholic's "hex" or compulsion, must issue from some deep level, it followed that ego deflation must also go deep or else there couldn't be any fundamental release. Apparently religious practice would not touch the alcoholic until his underlying situation was made ready. Fortunately, all the tools were right at hand. You doctors supplied them.

The emphasis was shifted from "sin" to "sickness" - the "fatal malady," alcoholism. We quoted doctors that alcoholism was more lethal than cancer; that it consisted of an obsession of the mind coupled to increasing body sensitivity. These were our twin ogres of madness and death. We leaned heavily on Dr. Jung's statement of how hopeless the condition could be and then poured that devastating dose into every drunk within range. To modern man science is omnipotent; it is a God. Hence if science could pass a death sentence on a drunk, and we placed that verdict on our alcoholic transmission, it might shatter him completely. Perhaps he would then turn to the God of the theologian, there being no place else to go. Whatever the truth in this device, it certainly had practical merit. Immediately our whole atmosphere changed. Things began to look up. © (Amer. J. Psychiatrists., Bill Wilson Vol.106, 1949)

Receive this Newsletter at home!!!!

**Please Update Our Group Records. THIS COULD BE YOUR LAST COPY OF THE SOBER TIMES!!!!
PLEASE CONTACT THE INTERGROUP OFFICE TO UPDATE YOUR SUBSCRIPTION INFORMATION.
OTHERWISE THIS IS YOUR LAST COPY!!!!!! CALL TODAY!!!**

(Please Print)NAME (Secretary Name if group)

Street Address or PO Box

City

State

Subscription Rates

Individual \$5.00 per year.

**Group Secretaries receive
the Sober Times FREE!!!!**

(This barely covers the postage)

**396 Main Street
PO Box 662
Hyannis MA 02601**

Non Profit Org.