

# The Sober Times Newsletter July 2017

Intergroup Office hours are from 8:30 am to 1:00 pm and 2:00 pm to 4:30 pm  
Monday - Thursday, Closed Friday, Saturday and Sunday



Phone- 508-775-7060  
www.capecodaa.net

## Notes from the editor

Hello All,

Summer is here!!!! After a soggy, cold Spring the sun and warmth have finally made an appearance. With it comes traffic, crowds and visiting A.A.'s. Please give all our visitors a warm welcome when they come to experience "Cape Cod" A.A. If you're looking to avoid the traffic and the crowds and need supplies from the Intergroup office why not just call and have your order delivered for free. We are still offering free shipping for purchases. An important note. I have earned vacation time through my employment here. Our finances dictate that we cannot hire a part-time employee to cover my days off. I know it's frustrating to make the trip into Hyannis only to find the office closed. I currently do not take full weeks off but I do take a day here and there. I would advise people making a trip into Hyannis for the sole purpose of coming to the Intergroup Office to call ahead and make sure that the office is open. I know it's inconvenient but until we have the financial flexibility to open the office on those days I want to minimize any inconvenience to all of you. Thank you for your understanding. I hope you all have a safe and enjoyable Summer.

### Service Committee Meetings

**Intergroup Reps Meeting** Every 1<sup>st</sup> Tuesday at 7:30  
Federated Church  
Resource Room, 320  
Main Street (Front  
Door Hyannis, MA.

**General Service Districts 1&2** Every 2<sup>nd</sup> Tuesday at 7:00 pm  
behind St David's  
Church in Nelson's  
Hall 205 Old Main  
So. Yarmouth

Newly elected GSR's are requested to meet at St. David's Church every 2nd Tuesday At 6:45 pm in Nelson's Hall for a welcoming orientation.

Barbara F. is contact for District 1 & 2  
774-836-8830

Just what is Intergroup doing for your group?  
  
How does your group benefit from Intergroup?  
  
How can your group have a voice in what Intergroup does?  
  
Why not invite us to share with your group at your next business meeting and answer these questions?  
  
A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. **508-775-7060**

**Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.**  
  
**Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."**

It is suggested the 7th Tradition be read at each meeting in July:

***"Every A.A. group ought to be fully self-supporting, declining outside contributions."***

### Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work?

Boston's Bid for ICYPAA is looking for people to get involved from Dist. 1&2. Group meets at 12 Channel St. So. Boston, 1st & 3rd Sundays at 5 P.M.

## Meeting Updates

### Meeting Changes

#### New Meetings Osterville

“New Beginnings”  
Lady of Assumption Church, 76 Wianno Ave.  
Mondays 7:30-8:30

#### Chatham

"Donut Hole"  
Open 12&12  
Saturdays 10:30-11:30 819 Main  
St. Unitarian Meeting House Annex

#### Orleans

"11th step meeting" Nauset Beach 6:30-7:30am This meeting is seasonal from June 3rd to Sept. 2nd

### Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

### **Tradition Seven: Every AA group ought to be fully self-supporting, declining outside contributions.**

1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?
2. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
3. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
4. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
5. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
6. How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?

### Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1<sup>st</sup> Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.



## **We Have Increased Our Inventory Of Books And Supplies To Serve You Better**

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24 hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!**

### **The Sunshine Group**

**50<sup>th</sup> Anniversary**

**Sunday July 30<sup>th</sup>**

**10 am meeting, celebration to follow.  
Barnstable Intermediate School Cafeteria.**

**"Hit The Deck Running"**

**Special Anniversary Celebration**

**Saturday July 22<sup>nd</sup> 11am – 4 pm**

**Pocasset Community Building**

**Barbecue, Kids Activities and Bake Off.**

**I am responsible...When  
anyone, anywhere, reaches out  
for help, I want the hand of  
A.A. always to be there. And  
for that I am responsible.**

**Dennis "Pass it On Group"**

**33 year anniversary**

**July 6<sup>th</sup>**

**7:30-8:30**

**Graded School House**

**67 School St.**

**West Dennis**

Volunteers are needed for the Corrections Committee. Please contact Roger Allen. for details. 508-563-4435

### **HISTORICAL BACKGROUND OF SELF-SUPPORT**

In 1947, Bill said "Voluntary contributions or pledges of A.A. members ought to be A.A.'s principal support, and, eventually, its sole support." Although it was necessary in the beginning when A.A. desperately needed a little outside help (which, he noted, made possible the Alcoholic Foundation, the book Alcoholics Anonymous and the General Service Office) times had now changed. He sensed "... a very powerful feeling. . . spreading among us that A.A. ought not to be takers from society, any longer. Instead, let us be givers." Additionally, the news that every A.A. group had become self-supporting would create invaluable goodwill in the outside world.

The General Headquarters, predecessor to G.S.O., published a monthly newsletter for distribution to the Fellowship. In the February 1949 issue, the purpose of voluntary contributions was defined: 1. To meet the expenses of General Headquarters, which operated a plan of service to alcoholics the world over, in keeping with A.A.'s primary purpose (it was described as international Twelfth Step work); and 2. To meet those expenses of General Headquarters incurred in its operations as a coordinating center for all A.A. groups. The article emphasized the voluntary nature of the contributions; they were "not dues of fees." It also stated that such contributions would. . . "be used for A.A. operating expenses only."

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(Please Print)NAME (Secretary Name if group)

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