

# The Sober Times Newsletter December 2017

Intergroup Office hours are from 8:30 am to 1:00 pm and 2:00 pm to 4:00 pm  
Monday - Thursday, Closed Friday, Saturday and Sunday



Phone- 508-775-7060  
www.capecodaa.net

## Notes from the editor

Hello All,

I hope you all had a wonderful Thanksgiving. The weather is has turned colder and people are now focused on Christmas and New Year's. I have enclosed some flyers for the upcoming Alkathons for Christmas. This time of year can be a struggle for some. I think that it's important for us to extend a hand and help our friends and neighbors.

If any of your groups are planning any events or have any changes coming up please try and get me the information as soon as possible. If anyone has any specialty items they would like ordered for the holidays please stop in or give me a call.

All of us at Intergroup want to wish you all a happy holiday season and a Happy New Year!!!!!!

Chuck T.

Just what is Intergroup doing for your group?  
How does your group benefit from Intergroup?  
How can your group have a voice in what Intergroup does?  
Why not invite us to share with your group at your next business meeting and answer these questions?  
A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. **508-775-7060**

**Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.**  
**Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."**

It is suggested the 12th Tradition be read at each meeting in December:

***"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities"***

Boston's Bid for ICYPAA is looking for people to get involved from Dist. 1&2. Group meets at 12 Channel St. So. Boston, 1st & 3rd Sundays at 5 P.M.

### Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work?

## Service Committee Meetings

**Intergroup Reps Meeting** Every 1<sup>st</sup> Tuesday at 7:30  
Federated Church Resource Room, 320 Main Street (Front Door Hyannis, MA.

**General Service Districts 1&2** Every 2<sup>nd</sup> Tuesday at 7:00 pm  
behind St David's Church in Nelson's Hall 205 Old Main So. Yarmouth

Newly elected GSR's are requested to meet at St. David's Church every 2nd Tuesday At 6:30 pm in Nelson's Hall for a welcoming orientation.

Barbara F. is contact for District 1 & 2  
774-836-8830

## Meeting Updates

### Meeting Changes

#### Brewster

Brewster Monday Night will **NOT** meet on Christmas night.

#### Cataumet

The Cataumet train station group has disbanded.

#### Osterville

“New Beginnings” group is moving to Friday night. Same time, same venue.

#### Bourne

“Monday Night” WBBSS has **MOVED** to a new night and new location. The meeting will be Thursday nights 6-7:30 @ 239 Main St. Bourne Community Bldg. Buzzards Bay

### Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

### **Tradition Twelve: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities**

**1.** Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to me if AA disappeared? **2.** When I do not trust AA’s current servants, who do I wish had the authority to straighten them out? **3.** In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober? **4.** Do I ever try to get a certain AA group to conform to my standards, not its own? **5.** Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is my part? **6.** Does my personal behavior reflect the Sixth Tradition—or belie it? **7.** Do I do all I can do to support AA financially? When is the last time I anonymously gave away a Grapevine subscription? **8.** Do I complain about certain AAs’ behavior—especially if they are paid to work for AA? Who made me so smart? **9.** Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really? **10.** Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition? **11.** Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it? **12.** What is the real importance of me among more than a million AAs?

### Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1<sup>st</sup> Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.



## **We Have Increased Our Inventory Of Books And Supplies To Serve You Better**

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24-hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!**

### **BREWSTER MONDAY NIGHT**

**Is celebrating their 45<sup>th</sup> anniversary at their meeting  
on December 11<sup>th</sup>.**

**Please come and join the celebration.**

**I am responsible...When  
anyone, anywhere, reaches out  
for help, I want the hand of  
A.A. always to be there. And  
for that I am responsible.**

Volunteers are needed for the Corrections  
Committee. Please contact Roger Allen.  
for details. 508-563-4435

### **If an alcoholic comes to an A.A. meeting under the influence of alcohol, how do you treat him or handle him during the meeting?**

**A** - Groups will usually run amuck on that sort of question. At first we are likely to say that we are going to be supermen and save every drunk in town. The fact is that a great many of them just don't want to stop. They come, but they interfere very greatly with the meeting. Then, being still rather intolerant, the group will swing way over in the other direction and say, "No drunks around these meetings." We get forcible and put them out of the meeting, saying, "You're welcome here if your sober." But the general rule in most places is that if a person comes for the first or second time and can sit quietly in the meeting, without creating an uproar, nobody bothers him. On the other hand, if he's a chronic "slipper" and interferes with the meetings, we lead him out gently, or maybe not so gently, on the theory that one man cannot be permitted to hold up the recovery of others. The theory is "the greatest good for the greatest number."

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(Please Print)NAME (Secretary Name if group)

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