# The Sober Times Newsletter December 2016

Intergroup Office hours are from 8:30 am to 1:00 pm and 2:00 pm to 4:30 pm Monday - Thursday, Closed Friday, Saturday and Sunday

Cape Cod Intergroup

Phone- 508-775-7060

# Notes from the editor

Hello All,

Happy Holidays from Intergroup!!!

I hope you all had a wonderful Thanksgiving. Soon enough the snow will be flying as we celebrate

Christmas and New Years. A time to celebrate with friends and family. It is also a time to help the less fortunate and the still sick and suffering. Extend a hand if you can, reach out and make that call. Check up on those who may struggle at this time of year. It's that mutual support and kindness that strengthens us all. From all of us at Intergroup we wish you a happy and joyous holiday season.

I am still looking for updated information on new groups and groups that are disbanding. The new meeting list for Winter/Spring will be available before Christmas. Stay safe.

Chuck T.

# **Service Committee Meetings**

Intergroup Reps
Meeting Every 1<sup>st</sup>
Tuesday at 7:30
Federated Church
Resource Room, 320
Main Street (Front
Door Hyannis, MA.

General Service
Districts 1&2 Every 2<sup>nd</sup>
Tuesday at 7:30 pm
behind St David's
Church in Nelson's
Hall 205 Old Main
So. Yarmouth

Newly elected GSR's are requested to meet at St. David's Church every 2nd Tuesday At 6:45 pm in Nelson's Hall for a welcoming orientation. Stephanie D. is contact for District 1 & 2

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today.508-775-7060

It is suggested the 12th Tradition be read at each meeting in September:

"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities"

Boston's Bid for ICYPAA is looking for people to get involved from Dist. 1&2. Group meets at 12 Channel St. So. Boston, 1st & 3rd Sundays at 5 P.M.

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.

Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."

## Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work?

## **Meeting Updates**

# Meeting Changes

#### **Brewster**

The "Better late than never" group on Monday mornings has disbanded.

#### **Cotuit**

The Monday
night meeting has
changed times
from 8 pm to
7:30 pm.
Meeting lasts for
1 hour

## **Mashpee**

The "One day at a time group" has moved from Tuesday nights to Monday nights at 5:30 same location and format.

#### **Falmouth**

The "Power of Example" Group. Tues. night @ 7 p.m. has disbanded.



### Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

## **Tradition 12**

Tradition Twelve: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities. 1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to me if AA as a whole disappeared? 2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out? 3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober? 4. Do I ever try to get a certain AA group to conform to my standards, not its own? 5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is my part? 6. Does my personal behavior reflect the Sixth Tradition—or belie it? 7. Do I do all I can do to support AA financially? When is the last time I anonymously gave away a Grapevine subscription? 8. Do I complain about certain AAs' behavior—especially if they are paid to work for AA? Who made me so smart? 9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really? 10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition? 11. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it? 12. What is the real importance of me among more than a million AAs?

# <u>Is Cape Cod Intergroup a part of A.A.?</u>

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1<sup>st</sup> Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers

## We Have Increased Our Inventory Of Books And Supplies To Serve You Better

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24 hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!** 

#### 2016 CHRISTMAS ALKATHON

CHRISTMAS EVE, DECEMBER 24TH 7:00PM THROUGH CHRISTMAS DAY, DECEMBER 25TH 6:00 PM

POCASSET COMMUNITY BUILDING 314 BARLOWS LANDING ROAD, POCASSET.

FOOD, BEVERAGES AND FELLOWSHIP MEETINGS, MEETINGS, MEETINGS SPONSORED BY "POCASSET SUNDAY NIGHT" AND DISTRICTS 1 AND 2 CONTACT: KEITH B. 508-395-8536 I am responsible...When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that I am responsible.

Volunteers are needed for the Corrections Committee. Please contact Sharon D. for details. 508-563-4435

**Birthday Plan** 

Geraldine B
38 years
HAPPY BIRTHDAY!!!

#### CHRISTMAS MESSAGE FROM BILL W. 1944

ALL MEMBERS

Greetings On Our 10th Christmas, 1944

Yes, it's in the air! The spirit of Christmas once more warms this poor distraught world.

Over the whole globe millions are looking forward to that one day when strife can be forgotten, when it will be remembered that all human beings, even the least are loved by God, when men will hope for the coming of the Prince of Peace as they never hoped before. But there is another world which is not poor. Neither is it distraught. It is the world of Alcoholics Anonymous, where thousands dwell happily and secure. Secure because each of us, in his own way, knows a greater power who is love, who is just, and who can be trusted. Nor can men and women of AA ever forget that only through suffering did they find enough humility to enter the portals of that New World. How privileged we are to understand so well the divine paradox that strength rises from weakness, that humiliation goes before resurrection; that pain is not only the price but the

very touchstone of spiritual rebirth. Knowing it's full worth and purpose, we can no longer fear adversity, we have found prosperity where there was poverty, peace and joy have sprung out of the very midst of chaos. A Great indeed, our blessings! And so, Merry Christmas to you all--

from the Trustees, from Bobbie and from Lois and me.

Bill Wilson

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PLEASE CONTACT THE INTERGROUP OFFICE TO UPDATE YOUR SUBSCRIPTION INFORMATION.
OTHERWISE THIS IS YOUR LAST COPY!!!!!!! CALL TODAY!!!

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