

The Sober Times Newsletter December 2015

Intergroup Office hours are from 8:30 am to 1:00 pm and 2:00 pm to 4:30 pm
Monday - Thursday as of Oct 2nd, closed Friday, Saturday and Sunday

Cape Cod Intergroup

Notes from the editor

Hello All,

The holiday season is upon us. Hopefully you all had a safe and enjoyable Thanksgiving. The weather has turned colder and Christmas is coming. The holidays can be a tough time for some people, please take the time to look out for others, share your kindness, tolerance and extend a hand to those in need. We are still offering **FREE SHIPPING** on all orders. The new meeting list will be out this month, stop in and pick some up!!! The Intergroup office will be **CLOSED** Thursday Dec. 24th and Thursday Dec. 31st in observance of the holidays. I want to personally wish you all a safe and prosperous holiday season.

Chuck T.

Would you like to be on our 12 Step volunteer list? We don't give out your number; we call our volunteers and they call the person needing help.

If you would like to volunteer to be on our 12 Step volunteer list, just call us at 508-775-7060

Actually, your Intergroup has many volunteer opportunities.

Service Committee Meetings

Intergroup Reps Meeting Every 1st Tuesday at 7:30
Federated Church
Resource Room, 320
Main Street (Front
Door Hyannis, MA.

General Service Districts 1&2 Every 2nd Tuesday at 7:30 pm
behind St David's
Church in Nelson's
Hall 205 Old Main
So. Yarmouth

Newly elected GSR's are requested to meet at St. David's Church every 2nd Tuesday At 7:00 pm in Nelson's Hall for a welcoming orientation.

Stephanie D. is contact for District 1 & 2

508-771-4143

Just what is Intergroup doing for your group?

How does your group benefit from Intergroup?

How can your group have a voice in what Intergroup does?

Why not invite us to share with your group at your next business meeting and answer these questions?

A member of our Steering Committee will be glad to make a presentation at your business meeting. Contact us today. **508-775-7060**

Your Intergroup is not a governing body and does not attempt to, nor can it, rule any AA Group.

Its sole purpose is to act as a clearinghouse for the convenience of members and groups desiring assistance, and to extend the Twelve Step Work of "carrying the message."

It is suggested the 12th Tradition be read at each meeting in November:

"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities ."

Boston's Bid for ICYPAA is looking for people to get involved from Dist. 1&2. Group meets at 24 Channel St. So. Boston, 1st & 3rd Sundays at 5 P.M.

Did you.....

- Begin your morning with prayer?
- Talk with another alcoholic?
- Call your sponsor?
- Are you doing service work?

Meeting Updates

Meeting Changes

Hyannis New Meeting

"Hyannis Men's Group" (Closed men's group)
Wed. 6:30 209A
Main St. Rear entrance.

Hyannis

The "Sunshine Group" Will be meeting at the Barnstable Middle school, 895 **Falmouth** Rd. until further notice.

The Intergroup Office is looking for information on the status of the **Pocasset** tues, thurs 1000 a.m. meeting at the First Baptist Ch.



Would you like to serve your group?

AA gives us many ways to be of service to our fellowship.

One of those is to represent your group as an Intergroup Representative (IGR).

Does your group have an IGR? If not, why not volunteer to represent your group? Volunteer to serve at your next business meeting.

Does your group have a General Service Representative? (GSR)

The GSR is the link between your group and AA as a whole.

Your Intergroup Office is always looking for volunteers to staff the office during vacations, illness, etc. Please contact the office if interested.

GIVING

Today I chose a life of forgiving. To again begin my journey of living. For those that were there that I hurt again and again. Remember to absolve, free me from sin. Ball and chain removed, I shall seek inner peace. The pain I felt and caused, being able to release. I must take this step, to continue to my fate. With sorrow and happiness, I now can relate. The battle inside me, I face day and night. God help me to conquer, continue the fight. I have now chosen, just for today, to give what I have, not have it taken away.

Anonymous

Is Cape Cod Intergroup a part of A.A.?

Cape Cod Intergroup is entirely dependent on the AA groups and individuals for its continuing operation.

Your group can participate by selecting an Intergroup Representative to represent your group.

IG Reps meet on the 1st Tuesday of every month. Any AA member can attend.

As an A.A. member you can support CCIG by volunteering. While CCIG has one paid staff worker, many of the services are provided by volunteers.

We Have Increased Our Inventory Of Books And Supplies To Serve You Better

Do you have a special anniversary coming up? Does your group need a bulk order of books or other materials? Would you like to order from the comfort of your home or meeting space? Well, look no further. We have increased our inventory and are now pleased to offer painted medallions, the bronze "Boston" medallions, and 24 hour bronze medallions. Send us your email orders. There is no limit on books or other merchandise. No order too big or too small. If you are looking for specialty items we will be happy to order them for you. Come in and check us out. We would love to see and get to know you. We always try to have coffee available and have time for good conversation. Also, feel free to check out the website for info on meetings and other related information. **DON'T FORGET WE OFFER FREE SHIPPING!!!!!!**

"The Promises"

We are going to know a new freedom and a new happiness. We will not regret the past or wish to close the door on it. We will comprehend the word "serenity" and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and economic insecurity will leave us. We will intuitively know how to handle situations that used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves.

I am responsible...When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that I am responsible.

Volunteers are needed for the Corrections Committee. Please contact Sharon D. for details. 508-563-4435

Birthday Plan

On their sobriety birthday, many AA members contribute one dollar or more for each year of sobriety to any or all of our four service entities; District, Area, GSO and your local Intergroup

A Bill Wilson Christmas Greeting TO ALL MEMBERS Greetings On Our 10th Christmas 1944

Yes, it's in the air! The spirit of Christmas once more warms this poor, distraught world. Over the whole globe millions are looking forward to that one day when strife can be forgotten, when it will be remembered that all human beings, even the least are loved by God, when men will hope for the coming of the Prince of Peace as they never hoped before. But there is another world which is not poor. Neither is it distraught. It is the world of Alcoholics Anonymous, where thousands dwell happily and secure. Secure because each of us, in his own way, knows a greater power who is love, who is just, and who can be trusted. Nor can men and women of AA ever forget that only through suffering did they find enough humility to enter the portals of that New World. How privileged we are to understand so well the divine paradox that strength rises from weakness, that humiliation goes before resurrection; that pain is not the only price but the very touchstone of spiritual rebirth. Knowing it's full worth and purpose, we can no longer fear adversity, we have found prosperity where there was poverty, peace and joy have sprung out of the very midst of chaos. Great indeed, our blessings! And so,-- Merry Christmas to you all-- from the Trustees, from Bobbie and from Lois and Me.

Bill Wilson

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