

SOBER TIMES



THE MONTHLY NEWSLETTER OF
THE CAPE COD INTERGROUP OF ALCOHOLICS ANONYMOUS
396 MAIN STREET, PO BOX 662, HYANNIS, MA 02601
PHONE: 508-775-7060 1-800-637-6237
E-mail: ccaa@capecodaa.net Web: www.capecodaa.net

**LIVE
AND
LET
LIVE**

JULY, 2014

OUR REVISED WEBSITE IS NOW AVAILABLE www.capecodaa.net

It is suggested that the SEVENTH TRADITION be read in JULY: "Every A.A. group ought to be fully self-supporting, declining outside contributions."

In accordance with Tradition Six: "An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.", the Sober Times will no longer list any facilities by name.

Intergroup

Intergroup Rep's every 1st Tuesday, 7:30 pm, Federated Ch., Resource Room, 320 Main St., (front door, then downstairs)

District 1&2

General Services Dist. 1&2, every 2nd Tuesday, 7:30 pm, behind ST. David's in Nelson Hall Bldg., Old Main St., So. Yarmouth New GSR presentation at 7:00 pm.

Correctional Facilities Committee

If on probation, or if you were a former inmate, release must have been at least 5 yrs. prior to applying. .

There are openings for District Committee Chairs, if interested contact Mike at 415-806-0331.

CANCELLED MEETINGS
Orleans, Tues., 7:00, Sat.&Sun., 2:00 to 4:00, at 44 Main St.

NEW MEETINGS
West Barnstable, OMBB, Thurs., 7:30 to 9:00, Community Ctr., 2377 Rte. 149.

MEETING UP-DATES
Hyannis, Sun., 10:00 a.m., Barn. High School, moved to Osterville, Community Bldg., First Ave., June 22 thru August 31st.

NOTICE
A member of the Steering Committee is donating his time to record any speakers at the podium for any A.A. groups. If interested, contact IG office for arrangements.

NOTICE
An Intergroup Representative is offering to do a presentation of the functions of the IG office and answer any questions about it to any groups Business Meeting. Contact IG office for arrangements.

GRATITUDE CLUB
By sending in \$1.00 (or any amount) for each year of your sobriety to the Intergroup office, you can share your gratitude with Sober Times' readers. Please include your first name and last initial.

Barbara P. 24yrs. \$24.00

CHANGED OFFICE HOURS

Starting MAY 1st, 2014
THRU
OCT. 31st, 2014

MONDAY THRU FRIDAY
9:00—1:00
2:00—5:00

NOTICE
HARWICH, 400 E. Plaza, 1421 Orleans Rd. (Rte. 139) Suite 101, has space available for group meetings.

IN MEMORIAM CORNER
 In memory of a
 deceased friend or group member

David S. & Joe G. \$20.00

From Twelve Steps & Twelve Traditions

SEVENTH Tradition

The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then, too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

Pg. 190

WHAT DOES CAPE COD INTERGROUP DO?

CCIG serves groups in the general area of Cape Cod and the Islands. It is your group's shared office that is doing what your group is responsible to do but unable to do because of size, cost, and time. There are roughly 205 groups on Cape Cod that share the same responsibilities as yours. The duplication of these efforts would be difficult and extremely costly.

Without an Intergroup, your group would require one of over 200 phone number listings in the Cape Cod phone book for the alcoholic to call. Your group will need to monitor your phone 24/7. Your group would need the daily newspaper to notify others of your AA meeting. Your group would require a purchaser to obtain all necessary supplies and a storage room/shed to hold them (books, pamphlets, anniversary cards, bookie supplies, wallet cards, medallions, archives, etc.) When your group has Anniversary meetings, and Alkathons, these events would have to be advertised elsewhere. How would the flyers that are now inserted in the monthly newsletter, The Sober Times, be distributed?

CCIG provides 24/7 phones to answer questions on meetings and help for the alcoholic who still suffers, over 3,500 last year alone. 12th step members are geographically selected to contact an alcoholic in crisis. CCIG provides a center of information for A.A. groups and the community in general and CCIG provides a book store which offers group's needed supplies. The monthly newsletter is mailed to 250 members of the A.A. community, providing up-dated information on A.A. activities. The semi-annual published meeting list is a valuable tool for groups and individuals. A website includes up-to-the-minute information on meetings and was visited by over 29,000 members last year.

Most would agree that it is disturbing to imagine the Cape Cod A.A. community without the services provided by CCIG and, just as importantly, the services and support it provides to the still-suffering alcoholic.



**YOUR INTERGROUP OFFICE
 PROVIDED THE FOLLOWING
 SERVICES IN THE MONTH OF**



APRIL

Walk-ins	126
Phone	121
Answering Service	63
Website visits	2786

Traveling this SUMMER



Wherever you are going we can provide you with contacts for meetings. The Intergroup office has regional, Canadian, and International directories which contain confidential information available only to A.A. members. Call the Intergroup office for info, or better yet, stop by the office and browse our store.

**SOBER TIMES DEADLINE
 REMINDER!**



The deadline for submitting information to the Sober Times is the 10th of each month.



EVENTS UP-DATE

The events listed in this newsletter are not necessarily endorsed by A.A. or Area Committees.

“THE PROMISES”

We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word “serenity” and we will know peace.

No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellow. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves.

Alcoholics Anonymous
pgs. 83&84

Save the Date!

50TH ANNUAL MASS STATE AA CONVENTION

Hosted by Areas 31 & 30
With Al-Anon & Alateen participating

FRIDAY, NOV. 7TH
THRU
SUNDAY, NOV. 9TH, 2014
A weekend of
Fellowship & fun

Sheraton Framingham Hotel
1657 Worcester Rd.

(off Mass Pike)

For more info:

Brian O., Chair, 413-297-5969
Ken T., Treas., 978-433-6772

8th ANNIVERSARY

Sponsored by Cape Cod Group

WEDNESDAY, JULY 9TH, 2014
7:00 PM — 8:00 PM

Our Lady of Assumption Ch.
76 Wianno Ave.
Osterville

MEETING FOLLOWED BY
FOOD & FELLOWSHIP

16TH Annual

Cape Cod Pockets of Enthusiasm
Sponsored by Cape Cod Group

JUNE 20—JUNE 22, 2014
Holiday Inn Cape Cod Hyannis
1127 Iyannough Rd.

Pockets Rate if by June 8th, 2014

For more info:
Diana D. 508-364-5171
Kim S. 508-728-9844

Flyers at www.capecodpockets.org

30th ANNIVERSARY

Sponsored by Dennis Pass It On

CELEBRATE 30 YEARS
OF
PASSING IT ON

THURSDAY, JULY 10, 2014
7:30 PM

West Dennis Graded School House
67 School St.
West Dennis

GUEST SPEAKERS

FOOD—FUN—FELLOWSHIP

64th ANNIVERSARY

*Sponsored by the Falmouth
You Get What You Give Group*

Cape Cod's Oldest Continuous Meeting

FRIDAY, JUNE 20TH, 2014
St. Anthony's Church
167 Rte. 28
East Falmouth

MEETING AT 7:30

FOOD & FELLOWSHIP
TO FOLLOW

GROUP TREASURERS

The Intergroup Office is committed to responding to all of your group and individual needs. If there is a problem, talk to us and let us know what needs to be done. We're very grateful to the groups who donate. We need your support.

Suggested Donation Schedule

50% Cape Cod Intergroup	PO Box 662, Hyannis, MA 02601
10% General Service Districts	PO Box 1450, Dennisport, MA 02639
10% General Service Area 30	PO Box 51411, Boston, MA 02205
30% General Fund,	PO Box 459, Grand Central Station N.Y. 10163

396 MAIN ST.
PO BOX 662
HYANNIS, MA 02601

NON-PROFIT ORG
U.S. POSTAGE
PAID
PERMIT NO. 57

RECEIVE THIS NEWSLETTER AT HOME!!

NAME (Please Print) _____ SECRETARY'S NAME (If Group Update) _____

STREET ADDRESS OR PO BOX _____

TOWN _____ STATE _____ Zip Code _____

Rates: INDIVIDUAL \$5.00 per year _____ years.

GROUP \$4.00 each per year
For 5 or more additional copies _____ copies.

Please Update our Group Records
Each Group Secretary receives a **FREE**
Subscription.

Group: _____

Town: _____

Make Checks Payable
to Cape Cod
Intergroup and mail
to:

Cape Cod Intergroup
PO BOX 662
Hyannis, MA 02601