

SOBER TIMES



THE MONTHLY NEWSLETTER OF
THE CAPE COD INTERGROUP OF ALCOHOLICS ANONYMOUS
396 MAIN STREET, PO BOX 662, HYANNIS, MA 02601
PHONE: 508-775-7060 1-800-637-6237
E-mail: ccaa@capecodaa.net Web: www.capecodaa.net.

**LIVE
AND
LET
LIVE**

AUGUST, 2014

OUR REVISED WEBSITE IS NOW AVAILABLE www.capecodaa.net

It is suggested that the **EIGHTH TRADITION** be read in AUGUST: "Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers."

In accordance with Tradition Six: "An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.", the Sober Times will no longer list any facilities by name.

Intergroup

Intergroup Rep's every 1st Tuesday, 7:30 pm, Federated Ch., Resource Room, 320 Main St., (front door, then downstairs)

District 1&2

General Services Dist. 1&2, every 2nd Tuesday, 7:30 pm, behind ST. David's in Nelson Hall Bldg., Old Main St., So. Yarmouth New GSR presentation at 7:00 pm.

Correctional Facilities Committee

If on probation, or if you were a former inmate, release must have been at least **5 yrs.** prior to applying.

There are openings for District Committee Chairs, if interested contact Mike at 415-806-0331.

CANCELLED MEETINGS

Orleans, Tues., 7:00, Sat. Sun., 2:00 to 4:00, at 44 Main St.

NEW MEETINGS

West Barnstable, OMBB, Thurs., 7:30 to 9:00, Community Ctr., 2377 Rte. 149.

MEETING UP-DATES

Hyannis, Sun., 10:00 a.m., Barn. High School, moved to Osterville, Community Bldg., First Ave., June22 thru August 31st.

Hyannis, SD, Sun, 7:00pm, Community Youth Ctr. 141 Bassett Ln., needs support.

NOTICE

A member of the Steering Committee is donating his time to record any speakers at the podium for any A.A. groups. If interested, contact IG office for arrangements.

NOTICE

An Intergroup Representative is offering to do a presentation of the functions of the IG office and answer any questions about it to any group's Business Meeting. Contact IG office for arrangements.

GRATITUDE CLUB

By sending in \$1.00 (or any amount) for each year of your sobriety to the Intergroup office, you can share your gratitude with Sober Times' readers. Please include your first name and last initial.

Sci. L. 17yrs. \$27.00

CHANGED OFFICE HOURS

Starting MAY 1st, 2014
THRU
OCT. 31st, 2014

MONDAY THRU FRIDAY

9:00—1:00
2:00—5:00

NOTICE

HARWICH, 400 E. Plaza, 1421 Orleans Rd. (Rte. 139) Suite 101, has space available for group meetings.

IN MEMORIUM CORNER
 In memory of a
 deceased friend or group member

From Twelve Steps & Twelve Traditions

EIGHTH Tradition

Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage non-alcoholics. Such special services may be well recompensed. But our usual A.A. Twelfth Step work is never to be paid for.

Pg. 191

WHAT DOES CAPE COD INTERGROUP DO?

CCIG serves groups in the general area of Cape Cod and the Islands. It is your group's shared office that is doing what your group is responsible to do but unable to do because of size, cost, and time. There are roughly 205 groups on Cape Cod that share the same responsibilities as yours. The duplication of these efforts would be difficult and extremely costly.

Without an Intergroup, your group would require one of over 200 phone number listings in the Cape Cod phone book for the alcoholic to call. Your group will need to monitor your phone 24/7. Your group would need the daily newspaper to notify others of your AA meeting. Your group would require a purchaser to obtain all necessary supplies and a storage room/shed to hold them (books, pamphlets, anniversary cards, bookie supplies, wallet cards, medallions, archives, etc.) When your group has Anniversary meetings, and Alkathons, these events would have to be advertised elsewhere. How would the flyers that are now inserted in the monthly newsletter, The Sober Times, be distributed?

CCIG provides 24/7 phones to answer questions on meetings and help for the alcoholic who still suffers, over 3,500 last year alone. 12th step members are geographically selected to contact an alcoholic in crisis. CCIG provides a center of information for A.A. groups and the community in general and CCIG provides a book store which offers group's needed supplies. The monthly newsletter is mailed to 250 members of the A.A. community, providing up-dated information on A.A. activities. The semi-annual published meeting list is a valuable tool for groups and individuals. A website includes up-to-the-minute information on meetings and was visited by over 29,000 members last year.

Most would agree that it is disturbing to imagine the Cape Cod A.A. community without the services provided by CCIG and, just as importantly, the services and support it provides to the still-suffering alcoholic.



**YOUR INTERGROUP OFFICE
 PROVIDED THE FOLLOWING
 SERVICES IN THE MONTH OF**



MAY

Walk-ins	106
Phone	144
Answering Service	81
Website visits	3070

Traveling this SUMMER



Wherever you are going we can provide you with contacts for meetings. The Intergroup office has regional, Canadian, and International directories which contain confidential information available only to A.A. members. Call the Intergroup office for info, or better yet, stop by the office and browse our store.

**SOBER TIMES DEADLINE
 REMINDER!**



The deadline for submitting information to the Sober Times is the 10th of each month.



EVENTS UP-DATE

The events listed in this newsletter are not necessarily endorsed by A.A. or Area Committees.

"THE PROMISES"

We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word "serenity" and we will know peace.

No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellow. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves.

*Alcoholics Anonymous
pgs. 83&84*

Save the Date!

50TH ANNUAL MASS STATE AA CONVENTION

*Hosted by Areas 31 & 30
With Al-Anon & Ala-teen participating*

FRIDAY, NOV. 7TH
THRU
SUNDAY, NOV. 9TH, 2014
A weekend of
Fellowship & Fun

Sheraton Framingham Hotel
1657 Worcester Rd.
(off Mass Pike)
For more info:
Brian O., Chair, 413-297-5969
Ken T., Treas., 978-433-6772

9TH ANNIVERSARY

Sponsored by Bill's Friends Group

TUESDAY, August 12, 2014
7:30 pm

Christ the King Church
Rte. 151 & Job's Fishing Rd.
Mashpee

Meeting 7:30 to 8:00
With 2 guest speakers

Please join us
To celebrate the
9th anniversary of our group!

25th ANNIVERSARY

Sponsored by Orleans Men's Big Book Group

CELEBRATION!!

SUNDAY, JULY 20TH

1 to 7PM

JOHNNY KELLEY PARK
180 Old Bass River Rd.
Dennis, MA

POT LUCK BARBEQUE

Softball!! Horsheoes!! Grills!! Pavilion!!

All AA plus friends welcome...yes dogs too!!

Canned good donations accepted for donation to local food pantries.

396 MAIN ST.
PO BOX 662
HYANNIS, MA 02601

NON PROFIT OR
U.S. POSTAGE
PAID
PERMIT NO. 5

n

San

RECEIVE THIS NEWSLETTER AT HOME!!

NAME (Please Print) SECRETARY'S NAME (If Group Update)

STREET ADDRESS OR PO BOX

TOWN

STATE

Zip Code

Rates: INDIVIDUAL \$5.00 per year ____ years.

GROUP \$4.00 each per year
For 5 or more additional copies ____ copies.

Please Update our Group Records
Each Group Secretary receives a **FREE**
Subscription.

Group: _____

Town: _____

Make Checks Payable
to Cape Cod
Intergroup and mail
to:

Cape Cod Intergroup
PO BOX 662
Hyannis, MA 02601